



HELPING HAND
FOR RELIEF AND DEVELOPMENT

Emergency Relief and Disaster Management

CASE FOR SUPPORT - 2026



Together
WE ARE

**SERVING.
HEALING.
EMPOWERING.**



ERDM Activities

Immediate Emergency Relief



The moment disaster strikes, ERDM teams deliver life-sustaining supplies to those in need. From hot meals and food packages to clean water, clothing, shelter essentials, hygiene kits and mosquito nets, aid packages are sourced locally.

Rehabilitation Efforts



Following the urgent relief phase, HHRD initiates programs designed to support the recovery of the communities. These programs may include the construction of temporary shelter homes and the establishment of mobile medical clinics. Psycho-social support is also a key component, helping individuals cope with trauma.

Long-Term Development Programs



Our long-term initiatives include constructing permanent housing and medical centers, education support, orphan support, skills development, water wells, sanitary systems and health initiatives like free cataract surgeries among other necessary medical services.

Enduring Impact

Each phase of our response, from immediate relief to long-term development, is designed to ensure that communities not only recover but also thrive in the aftermath of disasters. Our holistic approach guarantees that the aid we provide transforms lives, building a foundation for a stronger future.

Challenging Issues

Communities and individuals around the globe continue to face the harsh realities of natural disasters and wars. Natural calamities such as floods, earthquakes, hurricanes, heatwaves, harsh winters, fires, poverty, and drought strike unpredictably, causing widespread devastation. These disasters can occur anywhere and at any time, resulting in the tragic loss of lives, destruction of homes, fields, and infrastructure, and leaving countless people deprived of essential resources like clean water, food, medications, and shelter.

Man-made conflicts also pose severe challenges, displacing millions worldwide. Recent crises in Palestine, Lebanon, Sudan, and Ukraine have forced millions to become Internally Displaced People (IDPs) or refugees, seeking safety beyond their national borders. Additionally, ongoing discrimination and violence against the Muslim community in Myanmar have triggered one of the largest refugee crises in history, pushing millions of Rohingyas to flee and urgently requiring basic necessities to survive.

These challenging issues underscore the critical need for comprehensive emergency relief and disaster management strategies that not only address immediate needs but also support long-term recovery and resilience building in affected communities.



ERDM Response Overview in 2025

In 2025, HHRD's Emergency Relief and Disaster Management Program delivered critical aid including hot meals, food packages, water, clothing, medicine, and blankets to 763,318 people across 18 countries. We implemented 63 emergency response projects in the face of floods, earthquakes, conflict, and displacement. From the ongoing crisis in Gaza to devastating monsoon floods in Pakistan, HHRD teams were on the ground wherever they were needed most. Beyond emergency response, HHRD advanced proactive Disaster Risk Reduction programs in Kenya, Pakistan, and Nepal, building community resilience before the next crisis strikes.

Country	# of Projects	Types of Crisis	Key Interventions	Beneficiaries Reached
Afghanistan	5	Earthquake, Floods, and Displacement	Cooked meals, kitchenware, drinking water, and emergency medical camps. Fruit and vegetable carts were also distributed to support displaced individuals in restoring livelihoods and stabilizing their income	27,990
Djibouti	1	Yemeni refugees Crisis	Dry Ration	6,000
Haiti	1	Hurricane Melissa	Food packages	500
Indonesia	1	Flooding and Landslide	Distribution of baby kits and dignity kits for affected families.	480
Jamaica	1	Hurricane Melissa	Food Ration, Dignity packs and Shelter	1,350
Jordan	4	Refugees Crisis, Poverty,	Bread coupon distribution, food assistance, and emergency medical support for vulnerable refugee families.	9,196
Lebanon	3	Refugees from Palestine, Syria and Lebanese	Food Support Program	15,455
Kenya	4	Drought, Refugee Crisis,	Food assistance program for drought-affected and refugee communities as well as resilience building trainings	19,430
Nepal	1	Disaster Risk Reduction	Climate change adaptation and disaster risk reduction training.	20
Pakistan	25	Floods, War, Fire, & Heatwave	Emergency healthcare services, livelihood support training, hygiene awareness sessions, cooked meals, dry food rations, shelter support, educational material distribution, and school renovations.	238,207
Palestine	9	War	Cooked meal distribution and food parcel assistance for affected families.	413,685
Philippines	1	Earthquake	Distribution of Food Packages	3,383
Romania	2	Refugees Crises	Dry Ration	2,550
Somalia	1	Displaced Families, Poverty	Distribution of Ration and cooked food	1000
Somaliland	1	Drought, Refugees Crises & Poverty	Distribution of food assistance and non-food relief items (NFIs).	12,000
Sri Lanka	1	Cyclone 'Ditwah'	Household Essentials, Food Packages, Hygiene Kits, Educational Kits, Community Cleaning Kits	7,000
Thailand	1	Earthquake	Distribution of Food Packages	2,072
Uganda	1	Refugee Crisis	Relief Food Distribution	3,000
Total	63			763,318

Emergency Response in Gaza 2025

On October 7, 2023, tensions in Gaza escalated, leading to a severe humanitarian crisis with tens of thousands of casualties and widespread displacement. In response, HHRD swiftly coordinated with local partners in Jordan and inside Gaza to assemble and deliver essential supplies, including hot meals, water, bread, food parcels, floor, hygiene kits medical equipment, tents, blankets and more. Despite the challenges, HHRD was able to deliver aid and reach out to over one million affected people.

Our Benevolent Kitchen Program operates in Central and Southern Gaza, preparing and distributing hot, nutritious meals every day. We visit hospitals and displacement camps throughout the strip, with emphasis on the most vulnerable – widows, children, the elderly, and people with disabilities. Each meal is 400 grams of rice, vegetables, and meat (when it is available). Bread is included when available. The Benevolent Kitchen operates within Gaza using resources available under siege. We serve more than 2,700 beneficiaries per day, and we stand ready to deliver additional food packages and resources as politics allow.



Success Story: Yousef



"My name is Yousef. I sit on stones that used to be my home. For weeks, I forgot what it means to feel full. Hunger was always there, hurting my stomach, making my head heavy, and making the nights very long.

But today, when I opened this small foil-wrapped meal, the pain stopped. For the first time in a long time, I felt safe.

Next to me was a man wearing a vest that said "Helping Hand." He didn't shout or rush; he simply sat beside me, like an uncle would. He looked at me in a way that made me feel seen – not as rubble, not as a number, but as a child. He was from the Benevolent Kitchen – Daily Hot Meals 2025 project, but to me, he was more than that. He didn't only give me food; he gave me a moment where I could be a child again.

I looked up at him and asked quietly, "Thank you, Uncle... can I give half to my little sister?"

This meal was not just food; it was warmth, dignity, and proof that someone, somewhere, still remembers us. Success is simple: when a child smiles among the ruins, when hunger sleeps for one night, and when hope survives. Today, in Gaza, my smile is the success story."

Pakistan Flood Relief Efforts



Pakistan's vulnerability to catastrophic flooding has demanded HHRD's sustained presence and commitment since the devastating 2022 floods. After the initial emergency response, HHRD continued supporting survivors by constructing more than 600 homes, and providing seeds and farming assistance. As flooding has

continued to strike Pakistan in the years since, HHRD has remained on the ground, responding each time with dry food rations, hot meals, and clean drinking water. In 2025, we were present in:

- Khyber Pakhtunkhwa
- Central Punjab
- Chakwal
- Rawalpindi
- Gilgit Baluchistan
- Upper Chitral (Glacial Lake Outburst Flood)

Emergency Response in Kenya



Tana River County is one of Kenya's most vulnerable regions, where recurrent drought, flooding, and extreme poverty leave families in a constant state of food insecurity. In 2025, HHRD responded with an emergency food distribution program across the communities of Anole, Bura, and Garsen, reaching 1,200 families (7,200 individuals) with essential food packages including rice, oil, and fortified cereal.

At Kakuma Refugee Camp in northwestern Kenya — one of the world's largest refugee settlements, houses over 306,000 displaced people. HHRD works to help support Sudanese refugees after the World Food Programme was forced to slash rations.

Kenya also has a Disaster Risk Reduction program that is building community resilience through training, hazard assessments, and simulation exercises — ensuring that when the next crisis comes, communities are better prepared to face it.

Integrated Relief Efforts Across Departments

When disaster strikes, ERDM coordinates with HHRD's other programs to layer immediate relief (food, water, medical care, shelter, and hygiene supplies) with longer-term recovery efforts including permanent home construction, water wells and treatment plants. HHRD's integrated relief model empowers the program to deliver comprehensive support by leveraging the expertise of multiple departments.

Program	Emergency Response	Development Activities
Water and Sanitation Hygiene (WASH)	Emergency drinking water and restrooms	Water wells and purification plants to support a recovering community.
Shelter Relief (SRP)	Tents	Caravan homes and permanent residences
Skills Development and Livelihood (SDLP)		Pathways back to economic independence by reskilling disabled survivors, widows, orphans and others in need of support.
Healthcare and Nutrition (HANP)	Free medical camps, critical medicine	Free cataract surgeries that restore sight to refugees
Comprehensive Physical Rehabilitation (CPRP)	Assistance for people with disabilities during the crisis	Wheelchairs, physical therapy and artificial limbs

Recent Program Highlights

Afghanistan: Responding to Returnees and Earthquake Survivors



When Pakistan and Iran simultaneously expelled one million Afghan refugees, HHRD was at the Torkham and Spin Boldak borders providing clean water, hot meals, and kitchenware kits. Later in November, an earthquake struck northern Afghanistan, and HHRD delivered blankets, kitchenware, and food baskets to Balkh and Samangan provinces.

Jordan: Refugee Support Across Multiple Communities



In six governorates across Jordan, HHRD provided layered support to Syrian, Palestinian, and Yemeni refugees alongside impoverished local Jordanians. Interventions ranged from food packages and innovative bread coupons — redeemable at local bakeries to preserve beneficiary dignity — to emergency medical expense coverage, including a life-saving intervention for Mahmoud, a refugee who arrived in diabetic coma and survived thanks to HHRD-funded treatment.

Southeast Asia: Earthquake and Flood Response



HHRD responds to disasters across Southeast Asia. For example, following a magnitude 6.9 earthquake in the Philippines and a 7.7 earthquake in Thailand, HHRD reached 1,387 families with emergency food, water, and hygiene kits. In Indonesia, severe flooding and landslides across Sumatra displaced over 2.1 million people, and HHRD distributed 480 dignity and baby kits to families in Seunong Village.

Hurricane Melissa: Haiti and Jamaica

When Hurricane Melissa struck the Caribbean on October 28, 2025, HHRD responded on two fronts. In Haiti, food packages were distributed to 100 households in the most affected areas. In Jamaica, HHRD delivered an entire container of critical medical equipment — including incubators, ventilators, and electric beds — to hospitals overwhelmed by the surge in patients.

Disaster Risk Reduction: Building Resilience Before Crisis Strikes



HHRD's proactive Disaster Risk Reduction program works to strengthen community preparedness in Kenya, Pakistan, and Nepal. Simulation exercises, hazard assessments and risk management planning are all part of the curriculum.

Importance Of Your Support

Your donations are the lifeblood of HHRD's mission, enabling us to deliver essential aid—food, clean water, medication, shelter, and clothing—to vulnerable communities and individuals across Palestine, Pakistan, Afghanistan, Lebanon, Syria, Africa, Haiti, and beyond. Through your generosity, we provide a critical lifeline to millions displaced by conflict and natural disasters, including Syrian, Yemeni, Rohingya, Palestinian, and Ukrainian refugees who have lost their homes and livelihoods. Every contribution helps us sustain and expand our reach, alleviating suffering and restoring stability and hope to devastated communities worldwide.

Thank you



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