

Emergency Relief and Disaster Management PRogram

ANNUAL REPORT - 2024





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Helping Hand for Relief and Development

HHRD started its charitable work in 2005, in response to an earthquake in Pakistan. Since then, we have branched out to more than thirty countries worldwide, assisting with humanitarian response to war, drought, flooding, earthquakes, typhoons, fires and other natural and manmade catastrophes.

Mission

HHRD is committed to serve humanity by integrating resources for people in need. We strive to provide immediate response in disasters, and effective Programs in places of suffering, for the pleasure of Allah.

Vision

Helping Hand for Relief And Development (HHRD) as a Leader in Empowering lives, creating opportunities and strengthening the bond of humanity.

Emergency Relief and Disaster Management Program Mission and Vision

To work in partnership with existing HHRD programs around the globe in response to both natural and manmade disasters by providing survivors with food, water, shelter and safety. HHRD envisions a system that would make its efforts and investments more resilient and sustainable by considering global trends in disasters. All the efforts and investments of HHRD will contribute to the global framework for disaster management priorities.





Executive Summary

When a disaster strikes, the ERDM teams are among the first responders, swiftly mobilizing to deliver critical relief items to affected communities. Our initial response includes the distribution of hot meals, food packages, water, clothing, shoes, blankets, tents, and essential medications. We also provide mosquito nets, water filters, hygiene kits, and sanitary items to address immediate health and safety concerns.

Following the urgent relief phase, HHRD initiates comprehensive rehabilitation programs designed to support the recovery of the communities. These programs may include the construction of temporary shelter homes and the establishment of mobile medical clinics that provide ongoing healthcare services. Psycho-social support is also a key component, helping individuals cope with the trauma and stress post-disaster.

As communities stabilize, HHRD's focus shifts to sustainable development to ensure a resilient rebuild. Our long-term initiatives include constructing permanent housing and medical centers, and dental clinics to ensure comprehensive health care. Education support programs, orphan support programs, and skills development & learning programs are implemented to foster self-sufficiency and improve quality of life. Additionally, we invest in critical infrastructure such as drinking water wells, water tanks, and water supply systems. Health initiatives also cover cataract surgeries among other necessary medical services.

Each phase of our response, from immediate relief to long-term development, is designed to ensure that communities not only recover but also thrive in the aftermath of disasters. Our holistic approach guarantees that the aid we provide transforms lives, building a foundation for a stronger future.

As stewards of the donors' goodwill, HHRD takes great care to place food, relief and development opportunities in the hands of people around the globe. We appreciate everything our donors have done for us in supporting our work. Jazak Allah Khair, it could not have been done without you. Please consider donating again to help us move affected communities through the levels of disaster relief and rebuilding until they no longer need our assistance.



Data Tells a Story

- 15 Countries
- 75 Projects

Country	Emergency	Beneficiaries
Afghanistan	Flood and poverty	8,165
Bangladesh	Cyclone, flood, fire, poverty	113,881
Chad	Sudanese refugees	6,000
Djibouti	Yemeni refugees	6,000
Gaza	War, displacement, famine	
Haiti	Displacement	1,000
India	Flood	7,425
Jordan	Syrian and Palestinian refugees	16,116
Kenya	Flood & refugees	32,440
Lebanon	War, refugees, poverty	99,365
Nepal	Flood, landslides, fire, Dengue	5,269
Pakistan	Flood, heatwave, cold	312,583
Philippines	Refugees (including Palestinian) and poverty	50
Romania	Refugees (including Ukrainian) and poverty	4,075
Somaliland	Refugees and poverty	4,800
	Total	2,009,950



Emergency Relief in Palestine

12 Projects

The genocide and accompanying blockades in Gaza have led to a dire humanitarian situation, with widespread poverty, destruction of infrastructure, and shortages of food, water, and essential supplies. HHRD fought to deliver fresh food, clean water and winter relief items throughout the siege, navigating rapidly changing regulations in the name of humanitarian assistance. We are pleased to report that our donors have made a difference in the lives of thousands of innocent Palestinians, providing nutrition and shelter in the worst of times.

Tents



Families displaced during the ongoing tragedy in Palestine benefitted from multiple relief efforts including these sturdy, weather resistant tents. Each tent is designed to keep dirt and bacteria out, to let light in and to moderate temperature. HHRD purchased 1,690 tents for distribution in Gaza, but due to problems at the border, more than half the tents were forced to sit in a warehouse in Jordan for several months. We are pleased to report that the second shipment of tents has now been allowed into the city, completing the donors' gracious Sadequa by placing relief directly in the hands of our brothers and sisters.



Benevolent Kitchen



In the midst of the crisis, HHRD cooked and packaged more than 200,000 hot meals and distributed them throughout the displaced encampments. Hospital staff, elderly patients, children, women and families were all the recipients of this blessed gift from HHRD donors.

Bread & Water



In addition to hot meals and food packages, HHRD delivered bread and water to the people of Gaza, providing emergency nutrition in the midst of conflict.



Emergency Water



The water infrastructure in Gaza has been leveled, releasing sewage into the streets and making it very difficult to find a clean source of drinking water. HHRD responded by delivering fresh water via truck, ensuring that families had enough to meet their daily needs.



Food Distribution



During the height of the crisis, food was in short supply. Families were forced to pay outrageous prices for things like vegetables and oil, making basic nutrition nearly impossible for most people. HHRD held 8 distribution events for items like bread, flour and food packages. These essential supplies kept children from starving in the bleakest time.

Emergency Hygiene Facilities



In emergency situations, disaster can be compounded by disease if there are no sanitary facilities available. HHRD delivered both 1 and 4 unit restrooms to the people of Gaza, each of which came with a hand washing station. This small gesture saved thousands of people from suffering more pain and anguish, providing them with a way to maintain their dignity and humanity.

Lebanon Support



Lebanon has faced severe economic hardships, compounded by political instability and the displacement of thousands due to the ongoing Israeli conflict. This crisis has left many families unable to afford basic necessities, resulting in widespread hunger, inadequate shelter, and a lack of access to hygiene products and essential services. HHRD held 11 distribution events, giving away items such as mattresses, hygiene kits, hot meals, blankets and drinking water. There were also multiple food parcel giveaways, which contained essentials such as cooking oil, flour, and locally sourced goods.



Emergency Relief and Disaster Management in Pakistan

22 Projects

Pakistan is among the world's most vulnerable locations to climate change. Known as the world's "Third Pole," Pakistan's mountainous regions are covered with glaciers that contribute to flooding in times of record heat. Recent years have been challenging for displaced flood victims, but HHRD has been there every step of the way to provide stable housing, food and winter relief items. There are projects at all stages of disaster recovery in Pakistan, depending on the location. From the Seeds of Hope program and the model villages to emergency heat wave assistance, HHRD is supporting Pakistan through multiple interventions.

The Integrated Development of LOC (Line of Control) Affected Community Project



This project seeks to address the distinct challenges encountered by communities residing in conflict-prone regions near the Line of Control in Kashmir. The initiative aims to enhance preparedness, increase awareness, and improve livelihood opportunities, thereby fostering resilience and promoting sustainable development. Interventions include community meetings, kitchen gardening training, Ramadan food distribution, medical camps and the Mall of Humanity, allowing beneficiaries to select their own gifts from inKind shipping containers.



Flood Emergency Response

Flood affected communities in Lower Dir, Chitral, Gwadar, Rajan Pur, Ghizer, Mirpur Khas and Balochistan were supported through hot meals, food packages and clean drinking water.



Winter Relief



Freezing temperatures can be life threatening without the proper protection. In partnership with the Winter Relief project, HHRD's Emergency Relief and Disaster Management Program distributed 100 winter kits to deserving families in Rawalpindi. These kits include essentials such as blankets, coats and hats, ensuring that beneficiaries stay warm in the winter months.

Drought Emergency Response



In January 2024, below-normal rainfall was reported in Gilgit Baltistan, AJK Sindh, Balochistan Khyber Paktunkhawa, and Punjab province. HHRD delivered emergency water supplies to residents of Dheer Kot to ensure that people had enough to drink and cook.

Heatwave Response

A heatwave is a prolonged period of excessively hot weather, which may be accompanied by high humidity. These periods typically have temperatures significantly above the average for Pakistan and especially during the months from May to July.

NDMA forecasted that Heatwave Conditions to develop over Most Parts of the Country, especially Sindh from 21st May to 31st May 2024. On the recommendation of PDMA, NDMA and other line departments, HHRD provided relief by initiating mitigating measures through awareness campaign and establishment of Emergency Cooling Points at 13 locations of 12 districts of Sindh Province.

Seeds of Hope

The Seeds of Hope project was a lifeline for 450 small-scale farmers affected by devastating floods across all provinces. Recognizing the urgent need to restore livelihoods, the initiative provided these farmers with essential resources, including fertilizer, wheat seeds, and vegetable seeds. These critical inputs enabled them to resume agricultural activities, ensuring food security for their families and generating sustainable incomes. By empowering these farmers to rebuild their lives, Seeds of Hope played a pivotal role in fostering resilience, restoring dignity, and sowing the seeds of recovery in flood-stricken communities.



Africa

6 Projects Kenya Flood Relief



Torrential rains caused widespread flooding, displacing thousands of families, destroying homes, and disrupting livelihoods.

Location: Affected regions across Kenya.

Interventions: Emergency relief packages were distributed, including food supplies, blankets, and hygiene kits to help families stabilize and rebuild.

Impact: Reached 4,300 households, providing immediate relief and restoring a sense of normalcy to affected communities.

Sudanese Refugees Support Project - Chad



Refugees fleeing conflict in Sudan sought safety in Chad, straining local resources and creating urgent humanitarian needs.

Location: Refugee camps in Chad.

Interventions: Provision of food supplies, clean water, and essential non-food items to ensure the well-being of displaced families.

Impact: Supported 1,000 households, addressing basic needs and promoting stability

Sudanese Refugees Support Project - Kenya



Refugees escaping violence in Sudan settled in camps within Kenya, requiring significant humanitarian assistance.

Location: Refugee camps in Kenya.

Interventions: Distributed food supplies, hygiene kits, and essential household items to vulnerable families.

Impact: Assisted 1,000 households, improving living conditions and reducing food insecurity.



Yemeni Refugees Support Project - Djibouti



Ongoing conflict in Yemen led to a refugee influx in Djibouti, creating a humanitarian crisis.

Location: Refugee camps in Djibouti.

Interventions: Distributed food, clean water, and essential supplies to meet urgent needs.

Impact: Reached 1,000 households, ensuring survival and dignity for affected families.

Yemeni Refugees Support Project - Somaliland



Refugees fleeing Yemen's conflict settled in Somaliland, where resources were limited.

Location: Refugee camps in Somaliland.

Interventions: Provided food packages, water supplies, and other essential items to displaced families.

Impact: Supported 1,000 households, improving their quality of life and addressing critical needs.



Afghanistan

2 Projects

On 10 and 11 May heavy rainfall and flash floods in Baghlan, Badakhshan, Urozgan and Takhar provinces that affected more than 60,000 people. An additional storm in July caused 47 deaths and wounded hundreds. Thousands of homes, olive trees and acres of agricultural land was destroyed. HHRD delivered:



Emergency Food Supplies: Distributed 720 food baskets in three provinces of Ghor, Urozgan and Nangarhar , 240 food baskets in each province

Non Food Items and Winterization: Distributed 720 baskets of nonfood items including kitchenware's and blankets

In early 2024, northern Afghanistan experienced severe floods, with Baghlan being the hardest hit. Over three hundred people died and 256 were injured, including children and women. HHRD staff arrived in Baghlan on the third day and provided cooked meals and water to affected families.



Emergency Food Supplies: Distributed 800 cooked meals and bottled water to 400 families, Distributed 250 food baskets to the families affected by floods

Clean Water Provision: Provided three tanks of clean drinking water in the camps established for flood affected families

Temporary Shelters: Distributed 25 tents to 25 affected families who lost their homes due the floods

Non Food Items and Winterization: Distributed 250 baskets of Nonfood items including kitchenware's and blankets



Haiti

1 Project



The food distribution project in Haiti successfully addressed the food insecurity challenges faced by displaced populations in Leogane. The positive impact on community well-being, particularly in terms of nutrition and stability, was evident.

Food items included in the food package: vegetable oil, salmon, bag of rice, can of beans, pasta, can of sugar, can of milk, wheat flour, gallon of clean water.



Nepal

4 Projects

Dengue



2024, Nepal has recorded a significant surge in dengue infections, with approximately 28,212 cases and 12 deaths reported by mid-October. The outbreak has affected 70 districts, with infections rising alarmingly since the start of the monsoon season, which exacerbates mosquito breeding conditions.

Health officials emphasize that the actual number of cases may be much higher due to underreporting by private healthcare facilities. Preventive measures, such as community awareness campaigns and mandatory case reporting, are being prioritized to manage and control the outbreak

In 2024, HHRD Nepal implemented an initiative aimed to support individuals suffering from dengue. The relief operation provided mosquito nets and psychological support, with a special focus on vulnerable groups such as children, the elderly, and those with limited access to resources.

District	No. of Families		Individuals
District	Target	Achievement	marviadais
Siraha	250	300	900
Mahottari	100	170	510
Chitwan	200	360	1080
Sarlahi	50	73	219
Total	600	903	2,709

Beneficiary Details



Fire Victims



A devastating fire swept through Matihani Municipality-06 of Mahottari on April 24, 2024, causing extensive damage. The flames destroyed 100 homes, resulting in tragic losses of lives, cattle, and livestock. Over 120 families were displaced, losing all their belongings to the fire within an hour and a half. The impact was profound, leaving hundreds of individuals in desperate need of basic necessities like food and non-food items. Parents struggled to provide for their families, while children longed for the comfort of their lost homes.

HHRD Nepal responded promptly to the village of Matihani Municipality in Mahottari District, providing significant relief efforts. By quickly distributing food packages and essential non-food items to 100 families, including kitchen supplies, hygiene kits, and mats, HHRD Nepal directly assisted 100 families, benefiting over 500 individuals in total. This rapid response effectively met the urgent requirements of the affected community, offering them crucial emergency assistance during this difficult period.

Flood and Landslide Victims



From September 26 to 28, 2024, Nepal experienced a devastating series of floods and landslides, triggered by continuous heavy rainfall across the country, including in the capital, Kathmandu. The prolonged downpour led to widespread flooding and landslides, severely affecting multiple communities, and causing extensive damage to infrastructure, properties, and the environment.

Preliminary reports indicate a significant humanitarian emergency, with many individuals in urgent need of assistance.

HHRD Nepal promptly responded to the needs of communities in Mahottari, Siraha, Kathmandu, and Sarlahi Districts, delivering critical relief efforts. The organization distributed essential food packages and non-food items to 392 families, directly benefiting over 1,604 individuals.



Bangladesh

4 Projects Cyclone Remal



Cyclone Remal struck the coastal regions of Bangladesh on May 24, 2024, causing widespread devastation and leaving thousands of families in urgent need of food, shelter, and medical care. In response to this crisis, our organization launched an emergency relief project focused on providing immediate food assistance to the affected populations. In partnership with other local organizations, HHRD distributed cooked meals and food packages to 40,038 individuals. Approximately 300 other local businesses and volunteers benefitted including vendors who supplied purchased food.



Fire Relief

On January 7, 2024, the Rohingya population in Cox's Bazar, Bangladesh, faced a severe crisis when a massive fire engulfed Refugee Camp 5, home to nearly 938,280 refugees. The impact was staggering, resulting in the destruction of around 800 shelters, partial damage to 93 shelters, and critical facilities such as learning centers, masjids, and healthcare centers. The aftermath left over 4,000 individuals displaced, prompting an immediate humanitarian response. HHRD responded with emergency supplies including cooked and dry food, sleeping mats and mosquito net as well as first aid supplies. 31,000+ beneficiaries. Over 4,000 displaced individuals received hot meals twice daily for seven days.

On June 1 2024, a massive fire broke out in the largest refugee camp in Cox's Bazar, Bangladesh. This devastating fire erupted at Block D-1, D-2, D-3 of Camp 13, known as Kathaltoli Bazar, Tanjimar Khola around 12:45 pm. leading to catastrophic damage and loss. The flame blazed for roughly three hours. The fire was controlled around 1:20 pm and completely doused by 3:50 pm. Around 250 makeshift houses were damaged and nearly 300 families effected.

HHRD delivered food, hygiene kits, sleeping mats and mosquito nets to 8900 beneficiaries.

"We have no word to thank Helping Hand for Relief & Development (HHRD). We are really grateful to you. May Allah bless you all and accept your kind efforts." Mohammed Rafiq



Mohammed Rafiq, once a shopkeeper in Myanmar, was forced to flee the country in 2017 due to the violent military crackdown against the Rohingya community. He escaped with his wife and two sons, seeking safety in Cox's Bazar. They settled in Camp 13, where they faced the challenges of displacement and dependence on humanitarian aid. Recently, their situation deteriorated further when a massive fire swept through their camp, destroying their home and all their possessions. The fire left them with nothing but the clothes on their backs. Now, Mohammed Rafiq and his family rely completely on relief aid for their survival, struggling to rebuild their lives amid the ongoing uncertainty and hardship.

HHRD acted quickly to address the urgent needs of affected families like this one. They provided essential supplies, including cooked meals, hygiene kits, and sleeping mats, offering critical support in the aftermath of the disaster. This timely intervention was crucial for helping families like Mohammed Rafiq's to manage the immediate challenges and begin their recovery.

HHRD's efforts extended to hundreds of families, ensuring they received not only sleeping mats but also mosquito nets and comprehensive hygiene kits. These provisions are vital for maintaining health and comfort in the aftermath of such a traumatic event. Through their compassionate and proactive approach, HHRD is making a significant and positive impact on the lives of Rohingya refugees, helping to restore a sense of normalcy and security amidst the ongoing challenges they face.



Flood Relief



The Feni district of Bangladesh is no stranger to the devastating impacts of flooding. In August and September 2024, the area experienced severe flooding caused by relentless water flow from India, which led to overflowing rivers and widespread inundation. Entire communities were submerged under water, forcing thousands of families to flee their homes and seek refuge in temporary shelters. The disaster caused significant damage to infrastructure, homes, agricultural lands, and local markets, leaving many without access to basic necessities such as food, clean water, hygiene supplies, or household items.

HHRD reached thousands of individuals and households in need.

Intervention	Details	Beneficiaries
Cooked Meals	Beef and rice, individually packaged	Distributed 18,145 meals, serving approximately 5,000 individuals daily for several days.
Food packages	Rice, soy bean oil, potato, onion, salt, sugar, lentils, spices, garlic	3,355 food packages, each sufficient to sustain a household for a month.

Poverty Relief

Bangladesh is frequently impacted by both natural and man-made disasters, leaving millions of families vulnerable to food insecurity and displacement. The 2024 crises—marked by widespread violence and social instability—exacerbated these challenges, particularly for low-income households dependent on daily wages.

- Direct Impact: 3,104 families, totaling 17,146 individuals, received essential food items, helping to alleviate food insecurity.
- Community Engagement: Local volunteers and stakeholders actively participated, fostering stronger community bonds and collaboration.



India

1 Project

Recent heavy rainfall has severely affected Khammam district. District Collector Muzammil Khan stated the floods are the worst in 30 years, impacting over 16,000 families. HHRD distributed food, uniforms, clothing, roof tiles, mats, bed sheets, wheelchairs. Food items included rice, sugar, salt, Dal, cooking oil, tea powder, wheat flower, soap, detergent, and toothpaste.

Refugees in the Philippines

1 Project



On November 8, around forty (40) Palestinian families with Filipino matriarchs crossed the Rafah border from Gaza.

The Department of Foreign Affairs repatriated a total of 102 Filipinos from November 7 to 14. They were accompanied by their Palestinian spouses and relatives—among them are pregnant women, children, elderlies, and individuals who need medical attention. While some were able to travel directly to their respective provinces, others were compelled to stay in hostels.

As soon as finances began to run low, they turned to the University of the Philippines (UP) for support. On November 21, 2023, the families were temporarily permitted to reside in the two conference halls of the university dormitory until December.

HHRD's donors supported a total of 16 of these families, providing them with cash assistance so that they can find housing while they adapt to their new life in the Philippines. In addition, the Skills Development and Livelihood Program (SDLP), trainings will also be introduced to interested family members.



Romania

4 Projects Palestinian refugees



During the war against the Palestinian people, the number of displaced seeking refuge in Romania reached approx. 500 families. These travelers often came to in a difficult financial situation and in dire need of all types of humanitarian aid. HHRD assisted with dry foods, hygiene kits and blankets in 2 distribution events, delivering 50 boxes each time. Dry food packages included staples such as cooking oil, tomato paste, sugar, flour, rice, white beans, canned tuna, spaghetti, shampoo, diapers, and formula.

Ukrainian refugees



Russia and Ukraine have been at war since 2014, but it wasn't until February of 2022 that Russia launched a full scale invasion. The conflict has displaced nearly a third of Ukraine's population, with around 6.8 million refugees and 4 million internally displaced people as of late 2024. HHRD held one distribution event for Ukrainian refugees in Romania, distributing 340 family packages, benefitting an estimated 1700 people.

Other community members

Romania is also home to other people living in poverty. After distributing food packages to Ukrainian refugees, it was determined that other people needed our help. HHRD staged another two distribution events in different localities to deliver 170 packages to vulnerable community members.



Your Donation Changing Lives

The Sudanese Community in Chad



Sara from Gaza

"We, the Sudanese refugee community in Abeche, Chad, extend our deepest gratitude for the food donations we have received. These supplies have brought much-needed relief to our families and have ensured that we can face each day with strength and hope. Your generosity has been a source of comfort in these challenging times.

The impact of this support goes beyond just sustenance; it has restored a sense of dignity and shown us that we are not alone in our struggles. May those who make these initiatives possible be blessed abundantly for their kindness and humanity."



My name is Sara, and I am 6 years old. I've been in the hospital for over two months because my mother became very ill while we moved from our home to live in the camps due to the war. We had no choice but to leave our home to stay alive.

Unfortunately, my dad stayed behind to grab some important things, but he was unable to make it! I became an orphan at six. Since moving to the camps, we've been eating canned food whenever it was available. There were even times when I went two days without eating anything! It was a very difficult time, but I never lost hope. One of my few hopes was for my family to have a good meal together.

That hope became a reality when Helping Hand for Relief and Development came to help us. They provided us with hot meals, something I hadn't had in so long! Thank you, HHRD, for helping us. I hope that you continue to help us in many different ways. May Allah bless you.



Looking Forward...

Disaster Risk Reduction (DRR) Programs

While emergency relief efforts provide critical short-term support, DRR programs focus on longterm resilience building. These programs aim to equip communities, staff, volunteers, and partners with the knowledge and skills necessary to respond swiftly and professionally to disasters.

One key component of DRR is capacity building, which involves training workshops, simulation exercises, and educational programs to enhance disaster preparedness. By strengthening the capabilities of responders, we ensure that they can act efficiently during emergencies. Additionally, DRR initiatives involve risk assessment. Our teams work closely with local communities to identify potential hazards, develop preparedness plans, and implement preventive measures.

Community engagement is a vital part of DRR, as local populations are often the first responders in a crisis. By raising awareness and providing resources, we empower communities to take proactive steps in disaster preparedness. In 2024 we were able to implement various DRR programs in Pakistan, Kenya, Nepal and Afghanistan.

Kenya



Conducted a two-day training workshop covering participatory approaches to DRR, climate change adaptation, first aid, and emergency response.

Impact: Benefited 64 attendees, equipping them with skills and strategies to effectively manage disasters and build resilience in their communities.

Nepal



Nepal is vulnerable to natural disasters, particularly flash floods and landslides, which are recurring hazards in the region. Multiple stakeholders convened to establish a common understanding of climate change, identify local climate induced hazards and create action plans. Training was provided in two phases, for volunteers and for community and local leaders.

In addition to DRR, HHRD Nepal hosted a Preparedness on Climate Induced Disaster (PCID) conference.



Pakistan

DRR involves people at all levels of society from leaders to community members and children. HHRD Pakistan's DRR plan is expansive.

Community Member	Training Provided
HHRD Staff	Capacity building including DRR (Disaster Risk Reduction), CHS (Core Humanitarian Standards), Response/Preparedness Planning, Rapid Assessment,
Committee Members	Capacity building, project design
Community leaders & activists	Simulation training, Emergency Handling, Effective Communication/Coordination, Safety/First Aid and Social Mobilization, Village Disaster Management Plans
Community	Awareness, knowledge of local risks and incentives to prepare
School children	Prepared to respond to expected or unexpected events.



In addition to DRR, Pakistan was host to this year's Global Emergency Response Summit. GERS brings leaders from all HHRD countries together to discuss unfolding emergency situations and plan for future ones. The 4th GERS Summit was held in Mansehra in 2024.

Thank you



hhrd.org