



**HELPING HAND**  
FOR RELIEF AND DEVELOPMENT

# Youth Empowerment Program

ANNUAL REPORT - 2024



*Together*  
WE ARE

**SERVING.  
HEALING.  
EMPOWERING.**



# Table of Contents

<b>Executive Summary</b> .....	<b>3</b>
<b>2024 Data</b> .....	<b>4</b>
<b>Integrated Service Delivery</b> .....	<b>5</b>
<b>Pakistan</b> .....	<b>6</b>
<b>Africa</b> .....	<b>7</b>
<b>Jordan</b> .....	<b>8</b>
<b>Youth For Learning</b> .....	<b>9</b>
<b>Youth For Jordan</b> .....	<b>9</b>
<b>Youth for Kenya</b> .....	<b>9</b>
<b>The Future Set in Motion</b> .....	<b>10</b>

## Executive Summary

The Youth Empowerment Program is a comprehensive initiative designed to equip young people with the essential tools, knowledge, and resources necessary to play active roles in their communities. The program emphasizes personal development, education, and leadership skills, addressing critical challenges such as gaps in leadership, unemployment, substance abuse, and health issues. The overarching goal is to promote confidence, resilience, and social responsibility among youth, empowering them to make informed decisions and contribute to positive societal change.

The program focuses on identifying youth leaders across various institutions, particularly universities, to serve as key drivers of impactful change. Our team organizes pre-training sessions tailored for university youth leaders, creating a platform for brainstorming and collaborative problem-solving. These sessions are instrumental in uncovering the pressing challenges faced by young people, as well as identifying innovative and practical solutions to address them.

These sessions guide the program's structure and activities, ensuring they are aligned with the real needs of young people. Prioritizing dialogue and co-creation, solution oriented forums provide a foundation for sustained impact and continuous learning among the next generation of leaders.





# 2024 Data

Pakistan	Jordan	Africa
41,000 youth participants in 778 activities	<ul style="list-style-type: none"> <li>▪ 8 internships</li> <li>▪ 28 members of Youth Empowerment Clubs</li> <li>▪ 25 participants in Youth for Jordan</li> </ul>	<ul style="list-style-type: none"> <li>▪ 1,100 youth participants</li> <li>▪ 10 internships</li> <li>▪ 100 youth participated in drug abuse awareness forums.</li> </ul>



# Integrated Service Delivery

Originally organized in 2005 in response to a devastating earthquake in Pakistan, HHRD's unique emergency response methodology is multilayered and deployed over years, even decades. We meet people in the middle of a crisis and stay to help them develop, build permanent housing, gain employment, attend universities and hopefully change the world for the better. The Youth Empowerment Program is the pinnacle of that strategic development model, equipping the best and the brightest of the country's youth with opportunities to deliver positive change. YEP works with other HHRD departments to provide comprehensive services for the young men and women who participate. Here are a few of the ways our programs collaborate to the benefit of those we serve:

Program	Interventions
Orphan Support Program	<ul style="list-style-type: none"> <li>▪ Internships</li> <li>▪ Celebrations</li> <li>▪ Events</li> </ul>
Skills Development and Livelihood Program	<ul style="list-style-type: none"> <li>▪ Internships</li> <li>▪ Short Courses</li> <li>▪ Celebrations</li> </ul>
Educational Support Program	<ul style="list-style-type: none"> <li>▪ Internships</li> <li>▪ Scholarships</li> <li>▪ Out of School Learning Opportunities</li> </ul>
Children with Disabilities (CWDP) and Comprehensive Physical Disabilities Programs (CPRP)	<ul style="list-style-type: none"> <li>▪ Internships</li> <li>▪ House Jobs</li> <li>▪ Seminars</li> <li>▪ Surveys</li> <li>▪ Exposure Visits</li> </ul>
Healthcare and Nutrition Program	<ul style="list-style-type: none"> <li>▪ Internships</li> <li>▪ Seminars</li> <li>▪ Health Camps</li> </ul>
In Kind Gift Program	<ul style="list-style-type: none"> <li>▪ Internships</li> <li>▪ Mall of Humanity</li> <li>▪ Hygiene</li> <li>▪ School supplies</li> <li>▪ Gifts</li> </ul>
Water and Sanitation Hygiene Program	<ul style="list-style-type: none"> <li>▪ Internships</li> <li>▪ Seminars</li> <li>▪ Filtration Plants</li> </ul>
Emergency Relief and Disaster Management Program	<ul style="list-style-type: none"> <li>▪ Workshops</li> <li>▪ Surveys</li> <li>▪ Heat wave drive</li> </ul>
Seasonal	<ul style="list-style-type: none"> <li>▪ Food Packages</li> <li>▪ Iftar</li> <li>▪ Zabiha</li> </ul>

# Pakistan



YEP strengthened its Youth Empowerment Clubs (YECs), enhanced regional coordination, and improved collaboration with universities, successfully engaging nearly 41,000 youth in 778 diverse activities across Pakistan.

## Some of the 778 activities include:

- Job training
- Internships
- Mentoring
- National Youth Leadership Summit
- Youth Empowerment Clubs
- Quran classes
- Higher education scholarships
- Alumni reunion
- Tree planting
- Mall of Humanity
- Hygiene awareness campaign
- Iftar meals
- Poster competition on World Tobacco Day
- Panel discussion on role of youth in conflict resolution
- Job fairs
- Media training



# Africa



The program successfully engaged over 1,000 participants from Kenya, Uganda, and Tanzania through a variety of forums designed to inspire, collaborate, and spark meaningful discussions.

The hands-on approach of the forums enabled participants to actively contribute to dialogues, brainstorm actionable solutions to challenges, network with peers and mentors, and gain practical skills applicable in their communities. This initiative highlights the power of youth in driving positive change and shaping a brighter future. The blend of practical skill-building, collaborative problem-solving, and inspirational leadership demonstrated in the Youth Empowerment Program serves as a promising model for youth empowerment and community development.

*Table 1: Country wise # of participants*

#	Country	Jan-June	July-Dec	Total No. of Youth
1.	Kenya	150	250	400
2.	Uganda	200	200	400
3.	Tanzania	100	200	300
<b>Total</b>		<b>450</b>	<b>450</b>	<b>1,100</b>

## Jordan



Youth empowerment clubs provide opportunities for local youth to solve problems, engage with the community and network with other forward thinking individuals. Clubs promote a service-based mindset and assist the next generation by engaging them in:

- Food, hygiene kit and Qurbani meat distributions
- Cleaning and beautifying public spaces
- Work with orphans
- Summer internships shadowing relief workers



# Youth For Learning

As a US based organization, HHRD is uniquely positioned to offer experiences for young Muslims living in the United States. By participating in Youth for Jordan or Youth for Africa, high school to college age students get to experience life in some of the communities HHRD supports.

## Youth For Jordan



It is our hope that by visiting refugee camps and seeing the important work being done from education support to water and sanitation projects, youth will become ambassadors for HHRD. They are encouraged to share their experiences through social media as well as print, photographs and documentaries.

"For the first week of this year, I traveled with 22 other young women with Helping Hand for Relief & Development (HHRD) to the

country of Jordan. During this trip, we met, visited, and worked with Syrian and Palestinian families who have fled their homes and have been relocated there.

As the school was being finalized into place, we formed a tunnel for the kids to pass through for their first walk into their new classroom. Everyone ended up running in, because they could not wait to see it on the inside. Soon, the new school was packed with all of the children, and we distributed school supplies and backpacks to get them ready for their first day." - Iman Hossain

## Youth for Kenya

Typically once per year, a group of youth depart from America to experience a week doing humanitarian work Kenya. Participants distribute food, visit orphans and tour a skills development workshop.

"This has been the best week of my life alhamdulillah! I'm so happy I got to meet all of you and spend the trip of our lives together. Lots of love to y'all and the HHRD staff!" - Youth participant



# The Future Set in Motion



**Hafiswah Ndagire**

**Uganda**



**Mothanna Qasem Hasan**

**Syrian refugee in Jordan**



**Ahmed Baryamujura**

**Uganda**

*Thank you*



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