



**HELPING HAND**  
FOR RELIEF AND DEVELOPMENT



# Impact Report

2023

Orphan  
Support  
Program



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# Helping Hand for Relief and Development

Helping Hand for Relief and Development (HHRD) is a global humanitarian relief and development organization dedicated to alleviating human sufferings in emergency and disaster situations across the globe. Unrestricted by race, gender, ethnicity, religion, color, cultural diversity and social background, HHRD is committed to serve humanity by integrating resources for people in need. We strive to provide immediate response in disasters, and implementing effective programs in places of suffering, all with the ultimate goal of bringing comfort and relief for the pleasure of Allah.

## Introduction

In accordance with Islamic Principles, an orphan is defined as a child who has lost their father. A percentage of the registered orphan beneficiaries of the Orphans Support Program (OSP) have neither a mother nor father to take care of them. Such children live with their older siblings, grandparents, uncles and aunts or with their extended families. OSP seeks to stabilize the economic conditions for these children so that they can realize their full potential and succeed in life.

Donor funds are used to support the needs of orphans in five related competencies. Only when these five pillars are addressed can a child be prepared to succeed.

- **Food & Subsistence** – Ration of food supplies and Cash support
- **Education** – Tuition fees, books, uniforms and school supplies
- **Health** – Medical checkups, immunizations, health care and hygiene kits
- **Social Upliftment** – Extracurricular activities like sports and arts competitions
- **Child Protection Rights** – Follow up with children at home and school to ensure children are safe from abuse and neglect

# How Donor Funds Help



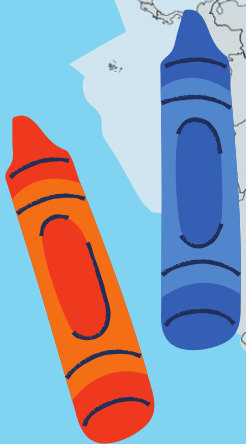
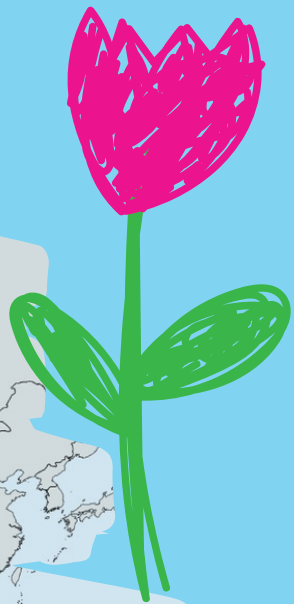
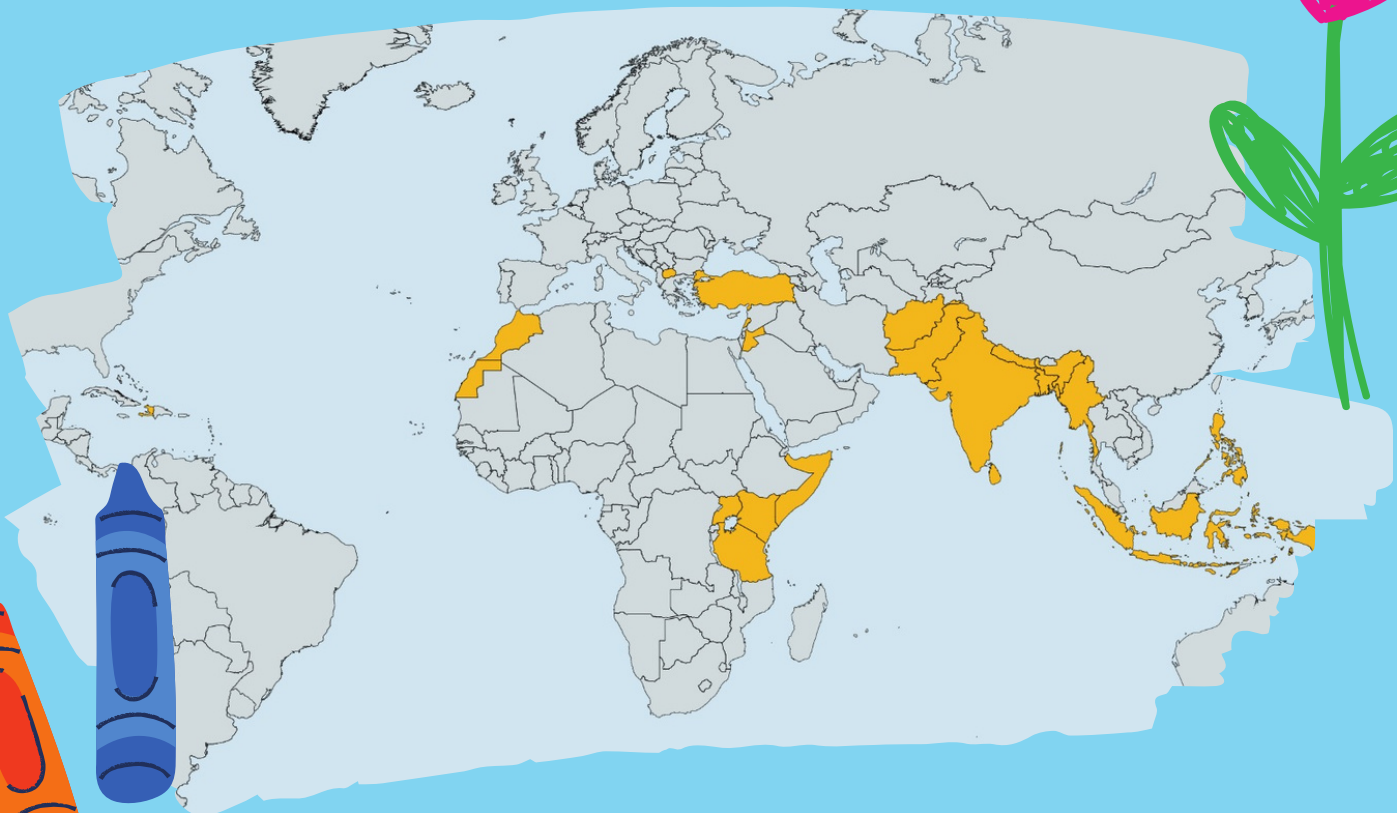
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HHRD's Orphan Support Program allows donors to help a specific child in any one of the participating countries on an ongoing basis. Funds are given directly to the orphan's guardians and are used to meet the child's basic health and educational needs through the age of eighteen.

As a standard program model Helping Hand implements the Orphans Support Program in accordance with the following goals:

- To empower orphans to realize their potential as citizens of this planet
- To recapture the humanity of the oppressed
- To elevate the economic circumstances of vulnerable families
- To remove barriers to success in school and in life
- To provide donors with a meaningful way to make a difference

## 17 Countries Served





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# Afghanistan

Four decades of war in Afghanistan has left millions of children orphans and millions of women widowed. According to a UN survey, 23 million Afghans lack food security and 5 million children are facing malnutrition.

**HHRD donors supported 2,500 orphans with the following activities:**

<b>Food &amp; Sustenance</b>	Food distribution
<b>Education</b>	Educational reports distribution Best student awards
<b>Health</b>	Hygiene kits & hygiene sessions Health screenings
<b>Psychosocial Support</b>	Iftar party Teacher's day celebration Eid gifts Planting campaign
<b>Child Protection Rights</b>	Winter coat distribution Home & school visits Child protection training



**Three sponsored children completed memorization of the Holy Quran!**



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Sanaullah lives in a small house in remote village of Batikot in Nangarhar province. He has five siblings. His father died from heart disease when Sanaullah was very young. Sanaullah started to work on the streets after school to feed his siblings and his mother.

He says, “I was exhausted after coming back from work, and was not able to do my homework and study for my next day at school, I was struggling, and my grades were very low which made me feel as if I could not achieve anything in life.”

Helping Hand visited his school and registered him in the beginning of 2023, he was able to quit working on the streets as he started to receive food packages from HHRD.



Being able to earn enough cash to ensure one meal for his family was his primary goal which had kept him struggling, once that was met through HHRD’s support he could now concentrate on school. Along with rationed Food packages that would sustain the family for a year, HHRD supported him with a school bag with school supplies, school uniform and shoes, annual medical screening, winter clothes and inclusive activities like tree planting, Iftaar and Eid Parties along with Eid Gifts, Teachers’ Day celebration, best student awards etc.

He recently earned good marks on the midterm exams and is now happy and confident and content like all children should be. He thanked HHRD donors and staff for his long-term support.

# Africa



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**HHRD donors supported 3,750 orphans with the following activities:**

<b>Food &amp; Sustenance</b>	Bi-monthly food distribution Ramadan food packages Qurbani Meals at the School of Excellence in Somalia and the Al Noor Academy in Kenya
<b>Education</b>	Provision of school supplies Prize ceremony for academic <u>excellence</u> Tuition support
<b>Health</b>	Health screening & treatment Distribution of mosquito nets Provision of feminine supplies Hygiene kit distribution Provision of mattresses for better sleep
<b>Psychosocial Support</b>	Eid gifts Quran competition Gift of shoes Provision of clothes & household items Fun celebrations (co-curricular activities)
<b>Child Protection Rights</b>	Home & school visits Workshops for teachers & parents



**The School of Excellence was founded in Mogadishu to address the lack of educational opportunities for local orphans**

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Shafii Dotto from Kisarawe, Tanzania faced hardship at the age of 10 when he lost his father to Malaria. This tragic event disrupted Shafii's education, putting an end to his bright academic journey. The family's hope for a better future seemed bleak until the intervention of Helping Hand in May 2023. Through HHRD's Orphan Support Program, Shafii found a renewed path to education.

Enrolled in Kibasila Primary School, he is now in grade five, diligently working towards a brighter future. The comprehensive support provided by HHRD has not only reinstated Shafii's access to education but also kindled a dream within him – to become a teacher and serve vulnerable families. Expressing gratitude, Shafii acknowledges, "HHRD has fed me care and kindness," reflecting the transformative impact of their support on his life.



# Jordan



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Jordan is home to one of the largest populations of Syrian refugees in the world. They continue to offer a safe haven for displaced persons from neighboring Palestine as well. While there are designated camps, many of the more permanent refugees live in the cities. There are 4,000 sponsored orphans in Jordan. 2,600 are Syrian refugees, 900 Palestinian refugees and 500 native Jordanians. OSP conducts activities in four urban locations: Amman, Irbid, Jerash and Mafraq.

**HHRD donors supported 4,000 orphans with these activities:**

**30 orphans returned to school after dropping out!**

<b>Food &amp; Sustenance</b>	Allowance for food & basic necessities Food distribution 5x per year
<b>Education</b>	Winter & summer clubs Literacy classes Tuition lessons
<b>Health</b>	Health check Hygiene kits & information sessions
<b>Psychosocial Support</b>	Eidi gifts Celebrations of special days (World Water Day, Mother's Day, etc.) Scouting activities Ramadan Iftar dinner
<b>Child Protection Rights</b>	Home visits Monthly dialogues with mothers





# Lebanon



The Orphan Support Program in Lebanon covered three key areas: Beirut, Akkar, and Beqaa, reaching out to 250 orphans throughout 2023. Our efforts encompassed annual medical check-ups, blood tests and comprehensive assistance, providing school bags and stationery in addition to a diverse range of activities. These activities included academic support, psycho-social aid, and religious lessons, all geared towards ensuring their holistic well-being.

**HHRD donors supported 250 orphans with these activities:**

<b>Food &amp; Sustenance</b>	Cash Allowance
<b>Education</b>	School bags distribution Crazy Science session Electrical circuits session
<b>Health</b>	First aid training Medical screenings Blood tests Dental checkups
<b>Psychosocial Support</b>	Behavior and communication sessions Anger management Psychosocial counseling Plant a seed event Sharewood camp outdoor recreation
<b>Child Protection Rights</b>	Parenting sessions

**34 orphans learned basic first aid!**



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# Turkiye

The southern region of Turkey was affected an earthquake on February 6, 2023, which orphaned many children. Providing psychological support in the targeted areas, is our primary goal. HHRD's vetted local partner seeks to provide educational care through comprehensive programs that integrate orphans into society, improve their skills and find help them find job opportunities when appropriate.

## Swimming and football activities increase physical fitness!



**HHRD donors supported 200 orphans with these activities:**

<b>Food &amp; Sustenance</b>	Food basket distribution
<b>Education</b>	Distribution of school bags
<b>Health</b>	Comprehensive medical exam
<b>Psychosocial Support</b>	Holiday parties and activities
<b>Child Protection Rights</b>	Follow up with sponsored children



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# Pakistan

HHRD-OSP is currently sponsoring over 10,400 orphan children in 54 Districts of Pakistan. Keeping in view the plight of orphans in Pakistan, OSP focuses on education, food, health and nutrition, child development and child protection, and social uplifting of the orphans. Alhamdulillah another year has been completed with team compassion & empathy. The Orphan Support Program in Pakistan is being implemented since 2007. Every passing year has brought more and more success to this noble cause. May Allah accept this labor of love from team HHRD across the globe, including the donors, the volunteers, and every well-wisher. Ameen.

HHRD's orphan families benefit not only from the OSP program, but through integration with HHRD's other programs as well. We offer a comprehensive, life-long support system for beneficiaries, their families and communities.

**More than 25%  
(2,886) of our  
students scored an  
A or A+ for the year!**





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# 10,400 Orphans Supported!

## Integration with HHRD'S Programs

Benefited Families & Beneficiaries



### Skills Development & Livelihood

- 71 Enterprise
- 46 outsource
- Olive, poultry and
- other project

### In-Kind Gifts

- 13 MOH
- Shoes Distribution
- Water Filters distribution
- 12 Wedding Boxes
- Clothes shopping of Deserving family

### Education Support

- 372 students enrolled in ESP
- Career Counselling
- Quran classes

### Water For Life

- GFS: 15
- Water Well: 3
- Hand Pump, Solar Project: 14
- Hand Pump: 5

### Shelter Relief

- 219 houses constructed for 1533 beneficiaries.

### Youth Empowerment

- 10 intern
- Volunteers involved in different activities

### Health & Nutrition

- 14 Health screening
- Health camps and disease

### Seasonal

- Udiya, fitra, ramadan ration





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Fakhira Neeq, a resident of UC7 Badar Sher Bahawalpur, has been part of the Helping Hand family since 2019, along with her three siblings. Their home is in a dilapidated state, and their mother, who used to work as a tailor, has been ailing for a long time, making it challenging to meet household expenses. The family relies on the kindness of neighbors and relatives to sustain their daily needs.

Last year, during a hygiene kit distribution event, a distressing truth came to light, that Fakhira and her family had not eaten for three to four days. Despite facing such hardships, Fakhira and her family hesitated to seek help, feeling a sense of embarrassment to ask for help.



The plight of the family became evident to the Helping Hand team at a home visit when the social organizers went to check on Fakhira after her repeated absences from school and HHRD activities. Immediate ration arrangements were made, and continuous support was organized thereafter. This success story is a testament to the positive impact of community support and the compassion that helps families overcome challenges.



# Bangladesh



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In Bangladesh, millions of vulnerable children are in dire need of help and support. Currently living in vulnerable conditions, they face crisis after crisis, including displacement, poverty, violence and disease. Many girls are forced to marry early, pushing them out of school and into exploitative work. It is estimated that around 6.2 million children across Bangladesh never receive an education. Many parents and widows place their children in orphanages hoping that they will have a better life.

**HHRD donors supported 750 orphans with these activities:**

**The project participants are having three meals a day year-round!**

<b>Food &amp; Sustenance</b>	Food allowance
<b>Education</b>	Mentoring Pre college skills development Education allowance
<b>Health</b>	Health screening Health allowance
<b>Psychosocial Support</b>	Psychosocial counseling Life skills camp
<b>Child Protection Rights</b>	Project-supported orphans are less vulnerable to economic abuse, sexual harassment & other gender-based violence and abuse including pressure for Early Child Marriage (ECM)

# Rohingya Refugees



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Forcibly displaced Myanmar nationals (Rohingya) have faced intolerance, statelessness and targeted violence in Rakhine State of Myanmar. Long standing discrimination, repression and violence has forced Rohingya Muslims to flee to Bangladesh for shelter and safety. Since August 2017, an estimated 1.6 million Rohingya, including more than 400,000 children, have fled to Cox's Bazaar. HHRD works with families relocated to four different clusters in the largest refugee camp in the world.



## HHRD donors supported 1,000 orphans:



<b>Food &amp; Sustenance</b>	Food and Nutrition packets delivered along with a set of new clothes
<b>Education</b>	Education kit (includes, school bags, school supplies)
<b>Health</b>	Annual health screening and medical support provided to orphans and their families, hygiene kit distributions
<b>Psychosocial Support</b>	One on one counseling, mentoring support, health awareness sessions along with extracurricular events, sports and art competitions
<b>Child Protection Rights</b>	Home and school visits

Orphans received psychosocial counseling to help recover from trauma

# Haiti



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**HHRD donors supported 600 orphans with the following activities:**

<b>Food &amp; Sustenance</b>	Food distribution Ramadan food distribution
<b>Education</b>	Distribution of school supplies School uniforms and shoes Tuition fees
<b>Health</b>	Medical screening
<b>Psychosocial Support</b>	Eidi gifts of toys and cash Eid party Special day celebrations End of school year party
<b>Child Protection Rights</b>	Home and school visits

The majority of schools in Haiti are privately run. Education is expensive and many families just can't afford it. A history of political strife and natural disasters drained Haiti of its wealth, leaving it the poorest nation in the western hemisphere. Without HHRD's financial assistance, most of our orphans would be unable to receive an education.

OSP in Haiti is an essential initiative designed to address the unique needs of children who have lost their parents. Launched in 2010, after an earthquake hit the country, OSP goes beyond providing basic necessities, aiming to create a supportive environment that nurtures the holistic development of orphaned children and addressing the diverse needs of these children.



**Youth in Haiti are protected from being forced into a life of organized crime and gang violence through educational success!**





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Amoncheska Lawensdia Dumarsais, lives in Port-au-Prince the capital of Haiti. She is 18 years old and she is in grade 12th. Amoncheska lost her father in January 2010 in the big earthquake that hit the country. She was born into a very poor family, burdened by financial constraints, struggled to provide even the basic necessities.

Amoncheska faced numerous challenges during her childhood. At age 8, her mother placed her in an orphanage because she couldn't take care of her properly. Amoncheska spent 3 years in the orphanage then went to live with her aunt who was also financially insecure and struggling herself. It was a challenge to try to go to school.



In 2016 she joined the HHRD Orphan Support Program cluster in Port-au-Prince and they provided essential resources, including school supplies, books, uniform and school fees. Today, Amoncheska stands as an inspiration to the entire community and beyond. Her dream is to become an engineer.

“In the future I would like to create a non-profit organization focus on supporting orphaned and vulnerable children,” she said.



# Philippines



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Donors supported 400 orphans with these activities:

8 sponsored orphans graduated from the program!

## Food & Sustenance

Cash for groceries

Rice and eggs distribution

## Education

School bag distribution

Educational cash allowance

Provision of school supplies

## Health

Health check up

Hygiene kits distribution

Health allowance

## Psychosocial Support

Year end celebration

## Child Protection Rights

Child protection cash allowance

Halfway between Taiwan and Indonesia, The Philippines is a collection of more than seven thousand islands that separate the mainland of Vietnam from the Pacific Ocean. Since 1968, armed conflict in and around Mindanao has disrupted life for the majority Muslim population in the area. OSP seeks to address the educational requirements of children from the diaspora to ensure greater opportunities in the future.

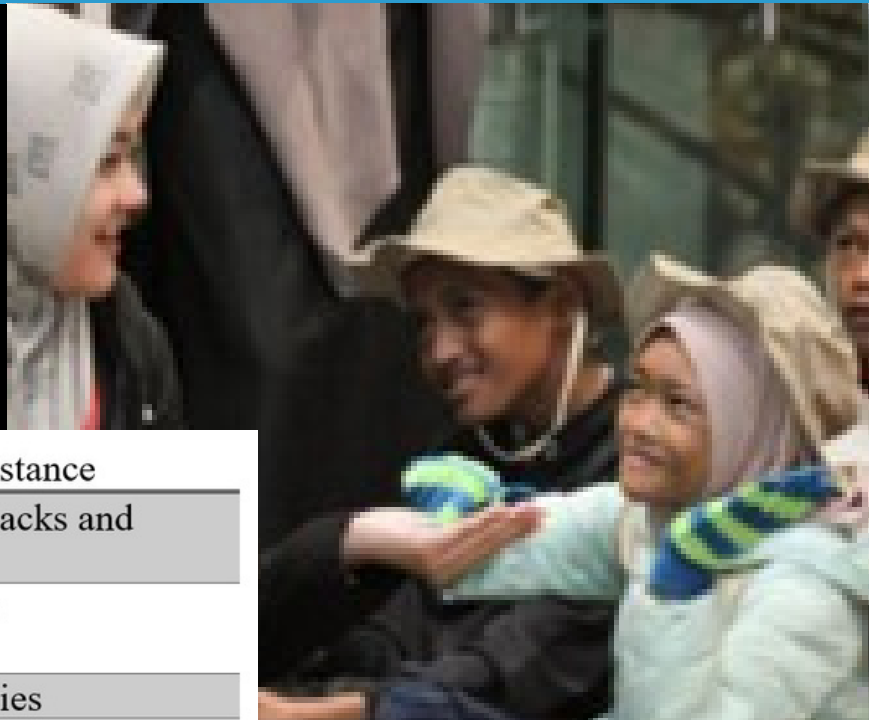


# Indonesia



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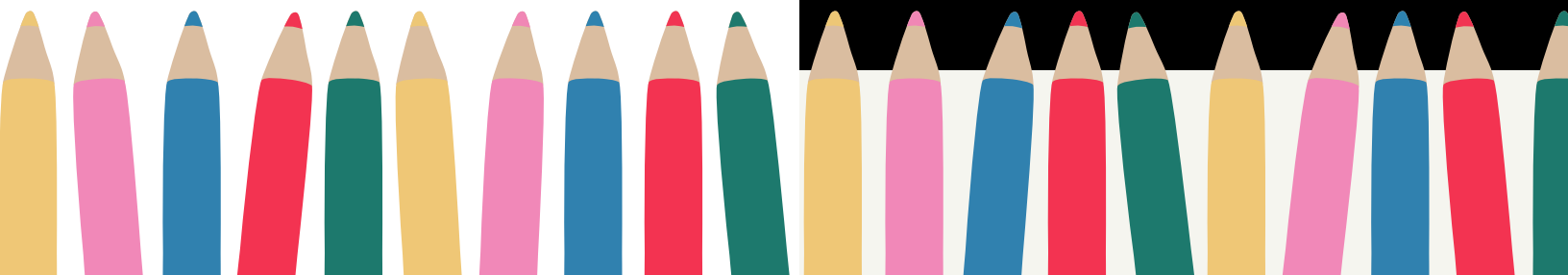
**HHRD donors supported 300 orphans with these activities:**



<b>Food &amp; Sustenance</b>	Monthly cash assistance
<b>Education</b>	Notebooks, backpacks and school supplies
<b>Health</b>	Medical checkups Dental exams
<b>Psychosocial Support</b>	Games and activities
<b>Child Protection Rights</b>	Home and school visits

**86.3% of students scored “Good” or “Very Good” on their yearly report cards!**

In Indonesia, there are private and public schools. Education is free until high school, but it does not cover materials such as books, uniforms, and extracurricular activities. Public school enrollment is limited due to zoning rules, so many students attend private schools where they pay the school fees.





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# North Macedonia

Located north of Greece in Eastern Europe, North Macedonia is a land locked country about the size of Maryland. HHRD has been active in North Macedonia since 2020, sponsoring 50 orphans.

**HHRD donors supported 50 orphans with the following activities:**

<b>Food &amp; Sustenance</b>	Voucher for shoes Monthly allowance Food distribution
<b>Education</b>	School fees Books & school supplies
<b>Health</b>	Hygiene kits Medical screening
<b>Psychosocial Support</b>	Extracurricular activities Eidi gifts
<b>Child Protection Rights</b>	Home and school visits



**100% of sponsored orphans successfully completed their grade levels!**

# Nepal



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## OSP Stars celebrated International Literacy Day with a grammar competition!

Nestled high in the Himalayan Mountains between India and China, Nepal is home to a majority Hindu and Buddhist population settled in small villages. Since 2017, HHRD Nepal has been supporting orphans in many districts. In 2023, HHRD Nepal widened its working area by adding the Mahottari district with 50 orphans. Now, HHRD Nepal is supporting 750 orphans, helping them grow in every aspect of development.



**HHRD donors supported 750 orphans with these activities:**

<b>Food &amp; Sustenance</b>	Provision of food packages Winter relief
<b>Education</b>	Provision of school bags & study kits School uniforms
<b>Health</b>	Health screening Hygiene kit distribution
<b>Psychosocial Support</b>	Festival gifts & celebration Tree planting event Recreational tour & picnic Drawing & handicraft competitions Outdoor games
<b>Child Protection Rights</b>	Home and school visits Internet safety workshop for girls Suicide prevention workshop Drug addiction workshop

# India



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OSP in India was initiated by HHRD in 2011. In the past 12 years we have seen a significant impact on participating orphans and their families. In the year 2023, 800 orphans in India were supported with educational scholarships, health checkups, food, home visits and school visits.

Donors supported 800 orphans with these activities:



61 sponsored orphans graduated from the program!

<b>Food &amp; Sustenance</b>	The orphans received Udhiya meat and Ramadan Food
<b>Education</b>	Academic Scholarships towards school fee, and School supplies
<b>Health</b>	Annual health checkup - follow up with specialists
<b>Psychosocial Support</b>	Iftaar and Eid Gatherings
<b>Child Protection Rights</b>	Follow up calls and visits in homes and schools



# Sri Lanka



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Helping Hand works with a vetted partner agency in Sri Lanka to provide support to 750 orphans. With its economy in turmoil, orphans in Sri Lanka were facing a crisis that needed immediate intervention. In 2023 HHRD was able to provide the orphans and their families with a constant supply of food throughout the year. Educational scholarships, counselling, and psychosocial interventions such as sports competitions, halaqas etc. were all provided to beneficiaries.



**HHRD donors supported 750 orphans with these activities:**

<b>Food &amp; Sustenance</b>	12 food packages in the year
<b>Education</b>	Financial aid for scholarships
<b>Health</b>	Annual health screening and follow up
<b>Child Protection Rights</b>	Follow up in school and homes to ensure safe living environment



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**You!**

To learn more about the Orphan Support Program and how you can help, please visit us on the web at:

[www.hhrd.org](http://www.hhrd.org)

Instagram

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