Organizational Profile
Muslims for Humanity

Helping Hand for Relief and Development was established to fulfill the responsibility of Muslim community towards humanity regardless of race, gender, ethnicity, class, location, religion, color, cultural diversity and social background.

"Who feed the poor, the orphan, and the captive for the love of Allah, (saying) 'We' feed you for the sake of Allah Alone; we seek from you neither reward nor thanks, for we dread our Rabb's (Lord) torment of a very distressful Day'.

(Qur'an Surah Yasin 76, verses 8, 9, 10)
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### Organization Basic Information

#### Name of the Organization
Helping Hand for Relief and Development (HHRD), USA

#### Registration
Registered with Ministry of Interior and Economic Affairs Division, Government of Pakistan, **No.4/84/2016-PE-II**

#### Website
www.hhrd.org

#### Office
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#### Country Director
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#### Tax Exemption
Income tax exemption under section 159 approval granted under section 2(36) of Income Tax Ordinance, 2001

#### Geographical Spread
Four Provinces, Gilgit-Baltistan & AJ&K

#### Working Areas
1. Comprehensive support to orphans
2. Rehabilitation of children with disabilities
3. Comprehensive physical rehabilitation
4. Livelihood support and skills development
5. Education support
6. Karachi Institute of Neurological Diseases & Rehabilitation
7. Healthcare and nutrition
8. In-kind donations
9. Clean drinking water, sanitation, and hygiene
10. Seasonal projects
11. Emergency relief and disaster management
12. Youth empowerment
13. Shelter relief
Organizational Background

World history is replete with anecdotes of leaders, individuals, and organizations working to bring about positive change. HHRD has the privilege of working with multidisciplinary organizations, various consortia, and trusted allies who share a mutual passion for humanity. The purpose of our stay in Pakistan after the 2005 earthquake was to show sympathy for our compatriots.

Pakistan has been on the front line of disasters like earthquakes, floods, political instability, terrorism, and much more. Helping Hand started operating in Pakistan during the great earthquake of 2005 that left thousands of people in despair and distress. We worked day and night with other humanitarian workers to help people with their immediate needs, including shelter, food, and medicine.

We fulfill our responsibility towards humanity regardless of race, gender, ethnicity, class, location, religion, color, cultural diversity, and social background, focusing on countries where a large segment of the population lives below the poverty line. We inculcated a participatory approach in our work from the very beginning to ensure long-term community empowerment. Partnership awareness was a feature of self-help projects where local people were involved in social mobilization, inclusive participation, and self-implementation.

We implicate in various emergency relief activities and development programs since 2005. We started as a trust with a small budget and team in a two-room apartment as our country office.

It is now registered with the Ministry of Interior (MOI) Pakistan as an International Non-Governmental Organization (INGO). HHRD is PCP certified and obtained approved NPO status under section 2 (36).

Over the years, various steps taken to support the organization’s long-term vision. We strive to create a healthy environment for people and to upgrade their lives. We understand that the conditions that control the lives of the poor are very different from the lives of our prosperous families. With this in mind, we implemented several projects in coordination with relevant stakeholders. Our partners range from small community support groups to national coalitions and international aid organizations.

In different periods, we are constantly expanding our areas of work through an integrated development approach. We are extending our geographic coverage with increasing focus at the grassroots level adjusted according to needs and the current socio-economic situation. We have adopted new coordination mechanisms to improve networking with the Ministry of Home Affairs, Ministry of Interior, NGOs / INGOs, media, academia, and other stakeholders. The HHRD, on the other side, met all the reporting and documentation requirements from the provincial governments for the successful acquisition of NOC.

VISION

Helping Hand as a Leader... Empowering Lives, creating opportunities, and strengthening the bond of humanity.

& MISSION

Helping Hand is committed to serve humanity by integrating resources for people in need. We strive to provide immediate response in disasters and effective programs in places of suffering, or the pleasure of Allah.
CORE VALUES

1 Mutual Respect
- Recognize the innate worth of all people and the value of diversity.

2 Equity and Justice
- Work to ensure equal opportunity for everyone irrespective of race, gender, color, class, ethnicity, disability, and location.

3 Care for All
- Provide care for vulnerable groups—orphans, widows, and the elderly people.

4 Honesty and Transparency
- Being accountable at all levels for the effectiveness of our actions and open in our judgments and communications with stakeholders.

5 Respect
- To help the poor without humiliating.

6 Solidarity
- POWlessness and excluded will be the only bias in our commitment to the fight against poverty.

Our Approach

"Emergency Relief"
- Food, water, clothing, shelter, medical relief, seasonal projects (zabiha, sadaqa/qeetah, Ramadan food) and winter packages during extreme weather.

"Awareness"
- Awareness campaigns for conferences and seminars, community mobilization and sensitization.

"Capacity Building"
- Training of social workers, volunteers and teachers, and capacity building of staff through different training programs and of youth through internship program.

"Empowerment"
- Orphan and widow support, livelihood support, women empowerment, education support, and support to children with disabilities.

"Development"
- Mother and child health care centers, comprehensive rehabilitation centers, community infrastructure development, water projects and provision of medical equipment and supplies to hospitals through in-kind donation.
Cross Cutting Themes

CCT 1 – Social Mobilization
Social Mobilization occupies a central place in the HHRD approach with a primary focus on working with the poor and disadvantaged. Social Mobilization strengthens the participation of people in local decision-making, improves their access to social and production services, and enhances opportunities for asset-building by the poorest of the poor.

CCT 2 – Gender Equality
Gender equality is an essential element of the HHRD relief and development process and sustainable development. It, therefore, demands women’s empowerment, a process that leads to greater participation in social and political processes, greater decision-making power, and conscious action for social change.

CCT 3 – Respect for Human Rights
HHRD believes that Human Rights are a set of necessary rights and freedom to which all people are entitled. By committing to human rights standards and principles of meaningful participation, accountability, transparency, and non-discrimination, HHRD help to ensure that relief and development strategies are inclusive and responsive to the perspectives of all groups of people, especially the marginalized and vulnerable.

CCT 4 – Environmental Sustainability
Being a humanitarian relief and development organization, HHRD aims to provide a rich biological heritage, a stable climate, and a clean environment to people as their material needs by adopting environmentally safe projects.

CCT 5 – Monitoring and Accountability
The HHRD adopted a phased approach which included well-understood stages of implementation and performance followed by proper monitoring of the projects. Accountability as being made up of three components: Transparency i.e. to account to stakeholders; Responsiveness i.e. to respond to stakeholders’ concerns; and Compliance i.e. to act following standards to which an organization is voluntarily committed, as well as rules and regulations that it is legally bound to comply with accountability.

Basic Concept of HHRD Contribution and 11-out-of-17 The Sustainable Development Goals (SDGs)

17 SDGs were adopted by all United Nations Member States in 2015 to end poverty, protect the planet, and ensure that all people enjoy peace and prosperity by 2030...
Pakistan Center for Philanthropy (PCP) Certified

For quality assurance, HHRD is also being evaluated by Pakistan Center for Philanthropy (PCP). HHRD is a PCP certified organization since 2011. PCP certification is based on an objective, professional and critical evaluation of not-for-profit program delivery. It is aimed at enhancing the organization’s credibility as a non-profit organization, increasing its organizational capacity to streamline and improve its systems.

PCP evaluated HHRD for certification against standardized parameters in Internal Governance, Financial Management and Program Delivery. The evaluation was done to examine the organization’s structure, finances, systems, procedures, processes, and programs.

Member of Pakistan Humanitarian Forum (PHF) and Muslims INGO Forum (MIF)

The Pakistan Humanitarian Forum (PHF) was established as an independent platform in 2003, representing, facilitating, and supporting the humanitarian assistance and long-term development initiatives of its member organizations working in Pakistan. Helping Hand for Relief and Development (HHRD) is one of the 41 organizations affiliated with PHF.

Additionally, HHRD is also a member of the Muslim INGOs Forum (MIF), which is a network of Muslim international non-governmental organizations. The primary objective of MIF is to establish strong bonds of collaboration and the exchange of expertise among Muslim organizations. Through this forum, HHRD and other Muslim INGOs can enhance their capacities and collaborate on various initiatives to further their humanitarian and development goals.

Organizational Structure

HHRD is supervised by its Board of Trustees and Management of the organization in the United States. Pakistan’s Country Director, along with a group of experienced professionals, is leading to achieve its goals with the help of highly skilled people. Numerous volunteers and projects staff translate policy and strategies into action at HHRD centers and outreach services throughout the country.
**Professional Capacity**

Since its introduction to Pakistan in the 2005 earthquake, HHRD involved in emergency relief activities and development, and now the sphere of activities is expanding to help the people improve their health, education, and socio-economic status.

HHRD has gained sufficient technical and management experience in managing large-scale, complex, multi-million dollar projects as evidenced by our annual audit report.

HHRD has also experienced working in consortiums and partnerships.

As a result, HHRD has become an expert in donor policies and procedures and has a track record of establishing administrative and financial systems to meet project and contract requirements.

**Program’s Management Capacity**

HHRD is committed to ensuring the excellent quality of the programs executed. Specific and timely steps taken to ensure proper accountability and transparency as a major component of program management. HHRD has a dedicated team of professionals that includes:

- Project management specialists,
- Social and economic specialists,
- Public health experts & physicians,
- Social mobilizers and
- Volunteers to implement and support the projects.

HHRD’s senior staff members are highly professionals who obtained excellent training and experience in program management and planning.

HHRD maintains an effective financial, institutional, programmatic, procurement, and supply management system. HHRD has significant experience sharing with a wide range of partners, including local and international NGOs, small businesses, private healthcare providers, and public healthcare organizations, most importantly, with the community participation that served. HHRD works in partnership to strengthen the capacity of its allies and partners to continue project activities and inspire the community to sustain the projects in the long term.

**Program’s Quality Assurance**

Humanitarian aid is material or logistical assistance provided for humanitarian purposes in response to humanitarian crises. The core purpose of humanitarian work is to provide quality services and support to save lives, reduce suffering and uphold human dignity.

In HHRD, quality is measured in terms of:

- **Efficiency**
- **Effectiveness**
- **Outcome**
- **Impact**

The quality management system in HHRD is a set of coordinated processes undertaken to continually improve the effectiveness and efficiency of an organization in meeting the expectations of its beneficiaries. Quality ensured with both internal and external active controls. Regular reports both in words and numbers are reviewed and analysed to monitor the progress and quality of the program through a separate department of “Monitoring, Evaluation, Accountability and Learning” that works under the direct supervision of the Country Head. Its main objectives are:

- To monitor the progress of HHRD’s programs and projects and suggest improvements in the working strategies.
- To evaluate the running and completed projects and publish its reports.
- To monitor the project according to the proposal, budget, and timeline, and up to the satisfaction of beneficiaries.
- To appraise the project proposals and identify the deliverables concerning the program/mission, its timeline, the cash-flow requirements, and draw the variance.
- To evaluate whether the projects are executing efficiently, and their impact or outcomes are measurable, tangible, and effective at individual, community, and society levels.
Financial Management Capacity

HHRD has extensive experience and capacity for the routine financial management of programs following international standards and global funding principles for transparency, timeliness, decision making, and effective oversight. HHRD can prepare regular and reliable financial statements and assure proper use of donor assets. For this, HHRD manages a financial management system that enables frequent and reliable reporting to donors. This efficient and transparent financial management system has served to enhance the operational and monetary efficiency of the program and has improved the trust of the donors. HHRD’s Finance Department operates through efficient and effective policies and procedures to ensure:

- Proper recording of all the financial transactions
- Efficient monitoring and control over expenditures
- Fulfillment of Statutory reporting requirements
- Efficient and timely management and financial reporting to Board of Trustees

We also conduct annual external audits from a highly certified firm designated by the organization’s BOT. One of the primary responsibilities of the Finance Department is to facilitate external audit activities with the help of internal auditors.

We receive an average annual donation of PKR 1,177 million including cash and in-kind contributions.
Risk Management and Transparency Through Internal Audit

HHRD considers risk management and transparency an integral part of planning, management, decision-making, and learning. We think of ourselves to be risk-aware but not risk-averse. We identify and manage the risks that may prevent us from achieving our goals to ensure that efficient and appropriate risk management and internal control systems are in place to address the risks that HHRD faces. Board of Directors discharge this responsibility through board meetings and regular interactions of the Pakistan Executive Committee (PEC) with the Pakistan Management to review the effectiveness of HHRD’s risk management framework, designed to support informed decision-making.

The systems of internal control aim to appropriate management rather than eliminate risks. They give reasonable rather than absolute assurance and provide a consistent approach to identifying, assessing, and dealing with risk. Processes in place regarding risk management comprise:

- A monthly review by the Country Director of the principal risks and uncertainties that HHRD faces as part of regular Internal Audit Reporting.
- The establishment of policies, procedures, processes, and systems to mitigate those risks identified in the regular internal audits by the Internal Audit and Compliance Department.
- The execution of the procedures designed to manage any potential impact on HHRD should those risks materialize.

We hold a monthly meeting to review risk factors and assign an accountable member of the team to look after each area to ensure appropriate monitoring and risk response. Next to each risk, we highlight mitigation actions.

HHRD’s governing documents and policies relevant to its governance are available to stakeholders.

The board has ultimate authority for the organization and has ultimate accountability for its activities and performance. It means they must present a fair representation of the organization’s activity and take responsibility for the consequences of their actions and the organization’s performance.

We are keen on accountability across HHRD to strengthen our methodologies and tools to enhance accountability and learning processes, including complaints handling, open information policies, communications, and mutual internal auditing within the HHRD.

Volunteer’s Management

Volunteers are an integral part of the mission and culture of the organization where people mutually come together to share their time, skills, talent, and experiences to help victims of a disaster or alleviate the situations of the disadvantaged people in their communities and broader society to move forward. HHRD recognizes volunteerism for sustainable development processes and embraces volunteers as moral support and contribution from society.

HHRD’s work with sincerity and commitment has won the hearts of thousands and earned the support of many volunteers ranging from students, social workers to professionals. The main role of volunteers associated with HHRD is:

- Providing another pair of hands to someone to do the job
- Sharing skills with colleagues or beneficiaries to build up professional and technical competence
- Working to strengthen systems within the organization, facilitating processes for program development
- Looking for work experience or networking opportunities
- Shares the passion for the organization’s mission.
- Have feelings for the suffering humanity.
- Are hoping for an opportunity for personal development.

HHRD believes that a satisfied volunteer is the ambassador of the organization. Volunteers working with the HHRD cause perform well in the guidelines. HHRD’s Youth Empowerment Program team and field team encourage people, especially youth, to devote their time and energy to HHRD for a humanitarian cause.

HHRD’s volunteers include the people.

HHRD involves its volunteers integrally in the core purpose and mission. An effective HHRD voluntary management system brings the benefits of community involvement, citizen participation, and development. HHRD significantly and appropriately recognizes volunteers’ contributions whereas, registration of volunteers remains an ongoing process.
**Core Programs**

1. **Children With Disabilities Program**

   The Children with Disabilities Program was established in 2012 by Helping Hand for Relief and Development (HHRD) following the National Conference on "Comprehensive Rehabilitation & Empowerment of Persons with Disabilities." It is a comprehensive initiative that provides inclusive treatment and rehabilitation to approximately 1,550 special children in Pakistan and AJ&K, operating under a community-based rehabilitation model. The program’s concept is “ability, not disability,” with the purpose of training and developing disabled children to play an active role in society and contribute to the country’s economic growth. We collaborate with service providers and educators across Pakistan to create a more coordinated system. We provide financial support, psychosocial support, physical assessment, rehabilitation, custom-made assistive devices, and education for children with disabilities. Every day, we strive to realize this vision through our ongoing efforts.

   **Major components:**
   - Health and rehabilitation
   - Education assistance
   - Food subsistence and nutrition support
   - Psycho-social support

2. **Comprehensive Physical Rehabilitation Program**

   Since the 2005 earthquake in Pakistan, HHRD has been providing comprehensive rehabilitation services to those in need. In 2013, the organization established a world-class physical rehabilitation complex in Mansehra, and in 2012, the program expanded to Chakwal. Both centers provide low-cost and affordable physical rehabilitation services and have achieved remarkable results in terms of rehabilitation. The program’s mission is to treat, rehabilitate, educate, and advocate for people with congenital, musculoskeletal, and neuromuscular conditions while providing a caring environment and dignity for patients.

   **Clinical Services**
   - Physiotherapy
   - Psychotherapy
   - Speech Therapy
   - Occupational Therapy
   - Audiology
   - Prosthetic & Orthotics

3. **Education Support Program**

   HHRD’s Education Support Program (ESP) was initiated in 2010 to promote access to quality education and contribute to Pakistan’s transition towards a knowledge-based economy, aligned with SDG-4. ESP provides financial aid, scholarships, and resources to improve learning environments and support teachers with training. HHRD recognizes education as a fundamental human right critical to breaking poverty cycles. ESP ensures that students have access to quality education, irrespective of their socioeconomic background or geographical location. It addresses the systemic challenges faced by the education sector to build a sustainable education system for future generations.

   **Major Components**
   - Scholarships for Students & Teachers
   - Up-gradation of educational institutions
   - Capacity enhancement of Teachers
   - Education for out of school children
   - Mentoring and Coaching of Students

4. **Emergency Relief and Disaster Management Program**

   HHRD’s Emergency Relief and Disaster Management Program has been active in Pakistan since 2005, providing critical support to communities affected by emergencies. They have responded to 31 large- and small-scale emergencies in Pakistan and provided technical assistance and relief activities during seven international emergencies. The program’s focus is to ensure quick relief to disaster victims by offering timely access to health services, clean and safe drinking water, Non-Food Items (NFIs), shelters, and settlements. HHRD’s commitment to disaster management and emergency response reflects its mission to serve humanity in times of need.

   **Major Components**
   - Preparedness
   - Disaster Risk Reduction
   - Resilience Building
   - Climate Change
   - Emergency Response
HHRD’s Emergencies’ Responses Over The Years (2005-2022)

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>2006</td>
<td>Floods – Charsadda, KP</td>
<td>2007</td>
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<tr>
<td>2008</td>
<td>IDPs crises – Bajaur Agency</td>
<td>2009</td>
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<tr>
<td>2010</td>
<td>Snow-bound areas Kalam</td>
<td>2011</td>
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<tr>
<td>2014</td>
<td>Drought – Tharparkar, Sindh</td>
<td>2015</td>
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<tr>
<td>2016</td>
<td>IDPs crises – North Waziristan</td>
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<td>2018</td>
<td>Floods – Mandal, KP</td>
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<td>2020</td>
<td>CYclone Komen – Myanmar</td>
<td>2021</td>
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<tr>
<td>2022</td>
<td>Heavy Snow &amp; Flash floods - Balochistan</td>
<td>2023</td>
</tr>
</tbody>
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5. Healthcare & Nutrition Program:

HHRD’s Healthcare and Nutrition program provides high-quality healthcare services to vulnerable communities in several key areas, including Mother and Child Healthcare, Neonatal Care, Primary Healthcare Clinics, Nutritional assessment and provision of necessary supplements, and eye disease prevention. The program aims to ensure essential healthcare services are available, particularly during emergencies, and recognizes access to quality healthcare as a fundamental human right. The program's focus on maternal and child healthcare, neonatal care, and nutritional assessment and provision reflects its commitment to improving health outcomes for vulnerable communities, while its emphasis on eye disease prevention highlights its holistic approach to healthcare.

Major Components
- Mother and child healthcare center
- Primary healthcare clinics
- Prevention of blindness
- Mobile medical and referral services
- Neonatal services in Government health facility
- Pick and drop facility for adopted CWDs

6. In-kind Gifts Program

The In-Kind Gifts Program (IKGP) is a charitable initiative that donates materials and supplies from donors to individuals, charities, and government hospitals to improve the lives of those affected by poverty or disasters. The program has had a significant impact on both individuals and the charity sector by providing much-needed materials and supplies, contributing to the financial upliftment of struggling people, and enabling charities to provide better services to their beneficiaries. The program is supported by the Disaster Management and Logistics Centre (DMLC), which ensures that donated goods are efficiently stored and distributed to the appropriate beneficiaries. Overall, the IKGP is making a positive impact on those in need and building a more equitable society.

Major Components
- In-kind donations including medical equipment and non-food items.
- Mall of Humanity
- Cloth bank
- Disaster Management and Logistic Centre (DMLC)

7. Karachi Institute of Neurological Diseases and Rehabilitation

HHRD is planning to establish a neurological diseases and rehabilitation hospital in Karachi with 130 satellite clinics across Pakistan, called the Karachi Institute of Neurological Diseases and Rehabilitation (KINDR). The project aims to address the needs and requirements of WHO guidelines for disabled persons and reduce the burden on existing rehabilitation centers in the region. The first phase has been initiated, and the project is expected to be completed within 20 months. A KINDR team has been appointed to provide consultancy and supervision of construction work.

8. Orphan Support Program

The Orphan Support Program (OSP) initiated by HHRD in 2010 is a comprehensive child-centered approach to the rehabilitation of deprived orphans. OSP sponsors orphan children, providing them with the necessary support to improve their lives and focus on their necessities and social well-being. The program supports orphans living with their families and emphasizes soft skills and moral development over time. This creates a supportive environment that fosters growth and development. OSP is a symbol of hope for orphaned children, helping to shape their lives positively and providing them with the tools to succeed.

Major Components
- Education support
- Food and subsistence support
- Healthcare
- Child development & life skills
9. Seasonal Projects
HHRD supports underprivileged communities during Ramadan and Eid al-Fitr by distributing food packs and gifts. The Zabiha/Udhija/Qurbani project is implemented with contributions from the US Muslim community. It follows Islamic guidelines for sacrificing animals and distributing fresh meat to vulnerable people. HHRD also provides family winter packages to keep deserving families warm during the cold months. These projects promote Islamic values and brotherhood, helping vulnerable communities celebrate festivities. HHRD’s Sadaqah/Aqiqah project serves fresh sacrificial meat to deserving and needy families, with cash donations from generous donors abroad. The project team manages the purchase of sacrificial animals, their sacrifices, and the delivery of fresh meat to deserving recipients.

**Major components**
- Sadaqah and Aqiqah project
- Ramadan food packages
- Fresh Qurbani / Zabiha meat
- Winter kits

10. Skills Development and Livelihood Program
HHRD’s Skills Development & Livelihood Program (SDLP) aims to contribute towards eradicating extreme poverty and empowering women by offering vocational training, income-generating opportunities, and life skills to disaster-affected and vulnerable communities. The program includes Skills Development and Livelihood Centers that help artisans grow, improve product quality, and market their products. SDLP has also initiated an olive farming project to provide training, plants, equipment, and tools for farmers. Enterprise development is a new initiative to enhance low-income groups’ income capacity and skills, especially those affected by the COVID-19 pandemic. HHRD has partnered with Vocational Training Institutes to provide SDLP beneficiaries with theory and practical experience. This leads to better employment opportunities and sustainable development in their communities. The program also includes School Bags Units that are run by artisans to increase household income. It also includes life skills sessions to prepare community women for social change through moral education and developing social values.

**Major Components**
- Industrial homes
- Olive farming
- Kitchen gardening
- Enterprise development
- Youth training
- Production units
- Life skills

11. Shelter Relief Program
HHRD’s Shelter Relief Program (SRP) provides permanent housing solutions for families who lost their homes during the 2022 Pakistan floods. The program has constructed over 621 homes, each equipped with basic amenities and designed to withstand future natural disasters. HHRD is committed to using high-quality construction materials, skilled labor, and technical expertise to ensure families have safe, secure, and sustainable homes. The SRP aims to create resilient communities and provide a brighter future for generations to come.

**Major Components**
- Permanent housing solutions
- Technical expertise
- Monitoring and evaluation

12. Water for Life / WASH Program
The Water for Life Program, launched by HHRD in 2010, aims to provide sustainable drinking water solutions to underprivileged communities in Pakistan while promoting water conservation. The program aligns with SDC6 and has implemented various projects such as hand pumps, water wells, and ultrafiltration plants. The program also includes initiatives such as solar-powered water and wind-powered drinking water solutions. Additionally, the program’s water, sanitation, and hygiene projects involve renovating schools, providing toilets and hygiene kits, and raising awareness of proper hygiene practices for the benefit of thousands of children.

**Major Components**
- Increasing access to safe and clean drinking water with basic sanitation
- Providing sustainable water solutions
- Provision of hygiene kits/NFIS
- Awareness sessions on WASH
- Introducing water quality indicators at the community level
- Formation of wash committees for projects’ sustainability

13. Youth Empowerment Program
HHRD’s Youth Empowerment Program (YEP) aims to educate, empower, and engage Pakistan’s youth to become leaders in humanitarian services. YEP provides a strategic path for young people to develop leadership skills and gain exposure to different experiences through youth camps and exposure visits. The program also collaborates with public and private universities, providing internship opportunities for students to facilitate their transition from academic study to a professional career. YEP ensures that interns gain supervised field experience in relief and development activities to enhance their learning experience.
Major Components
- Mentoring and youth leadership development
- Awareness campaigns
- Internship opportunities
- Integration with HHRD programs for execution of various social activities

Model Village: An Integrated Project of HHRD’s Programs

HHRD plans to develop a model village in Chak Patyat, Punjab, focusing on food security-related interventions to improve the quality of life for the underprivileged population. The project has several goals, including improving access to quality education, providing sustainable sources of food and income, enhancing WASH infrastructure, ending malnutrition, and empowering individuals and communities to identify their needs and resources. The project aims to create a sustainable model through investments in effective farming practices, livelihood interventions, and community resilience. It also plans to improve irrigation water channels with the support of the local community and end all forms of malnutrition through accessible rehabilitation services. Finally, the project aims to empower individuals and communities to organize resources for socioeconomic development.

Major Components
- Livelihood
- Health and nutrition
- WASH and infrastructure development
- Education and capacity building
- Community development and DRR

Administrative Regions
1. Azad Jammu and Kashmir
2. Balochistan
3. Central Punjab
4. Gilgit Baltistan
5. Karachi
6. Khyber Pakhtunkhwa
7. Sindh
8. South Punjab