



HELPING HAND
FOR RELIEF AND DEVELOPMENT

ANNUAL REPORT 2022

CWDP

Children With
Disabilities
Program



Mission and Vision

HHRD is committed to serve humanity by integrating resources for people in need. We strive to provide immediate response in disasters, and effective Programs in places of suffering, for the pleasure of Allah.

Children with Disabilities Program Mission and Vision

“To rehabilitate and support children with special needs from marginalized communities, helping them achieve their potential and promoting social inclusion and equality.”

HHRD strives to provide quality health and rehabilitative therapy services, assistive mobility and learning aids, educational support, food and nutrition support, psychosocial upliftment and social inclusion.

Introduction

“There is no harm for the blind, and there is no harm for the lame, and there is no harm for the sick” – Al-Fath 48:17

Islam teaches us to uphold human dignity. It does not neglect any section of society, especially if they require special consideration such as sick, travelers, elderly or persons with special needs and disabilities. When HHRD developed its strategy to help the most vulnerable souls, none were as deserving as children with disabilities. These children are amongst the most neglected and excluded group in society. They often face humiliation and rejection from their own families and communities.

Unequipped to deal with special needs, scarce resources often go to able bodied family members first. Assistive devices such as wheelchairs are often financially prohibitive. Self-care is misunderstood and therapy is unavailable. In the slums of Kenya, the refugee camps of Jordan, and rural areas of Pakistan, families are stressed to the breaking point.

Persons with disabilities are not a homogenous group. They have different capacities and needs and contribute in different ways to their communities. In times of crisis, they may be at heightened risk of discrimination, exploitation and violence and face numerous barriers to accessing humanitarian assistance.

Due to these unfortunate conditions, HHRD prioritized services for children with disabilities. Operating in close partnership with our Orphan Support Program (OSP) and Health Care and Nutrition Program (HANP), we offer our beneficiaries and their families as much help as possible.

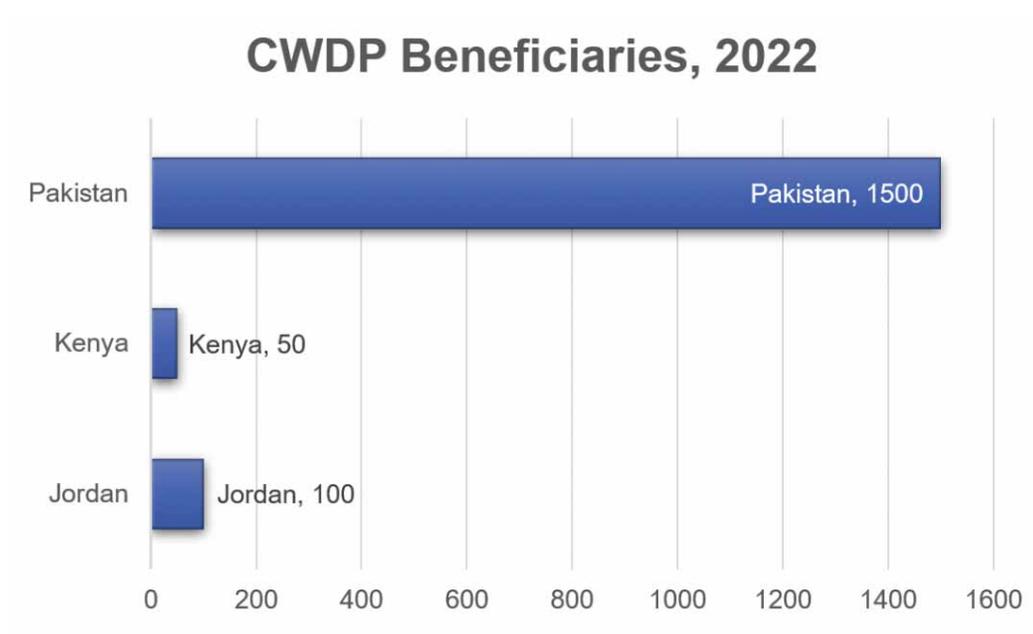
CWDP provides an array of services including healthcare, provision of assistive devices, financial support, educational opportunities, family counseling and home visits, occupational therapy, rehabilitation and nutrition.

Above all, we are fighting the stigma that comes with being different.

2022 In Review

- Children With Disabilities Program launched in Jordan in July of 2022
- Sir Ali Bin Salim Primary School in Kenya partnership established July – December 2022
- Served 1,500 children in all areas of Pakistan

Countries Served

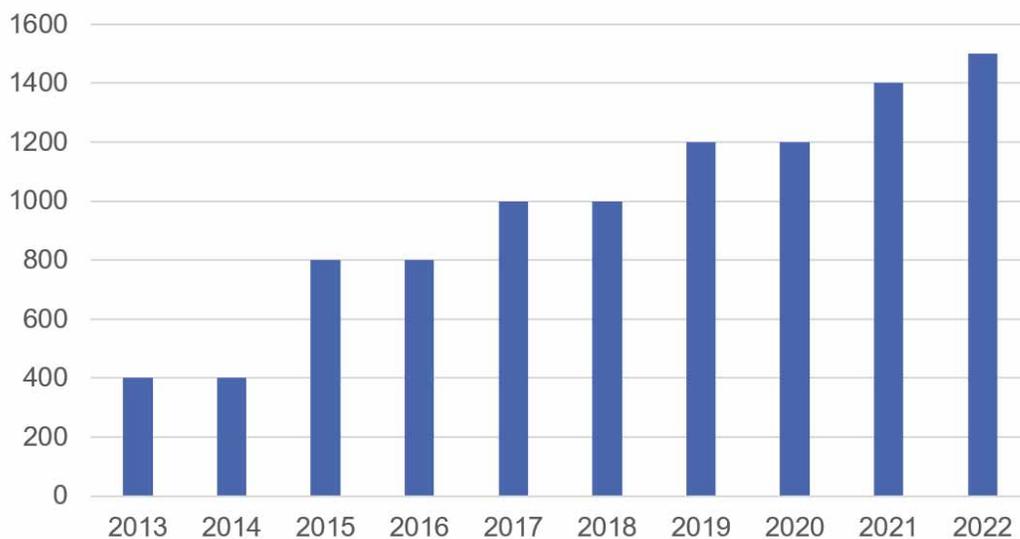


Pakistan

HHRD has been at work in Pakistan since 2005, taking swift action in response to a record-breaking earthquake in Kashmir. Over the years, activities in the country have increased to include beneficiaries of the Children with Disabilities Program. In 2022, we served 1,500 amazing children throughout the country in eight separate regions. Insha'Allah, we will continue our efforts well into the future.



Pakistan Beneficiaries



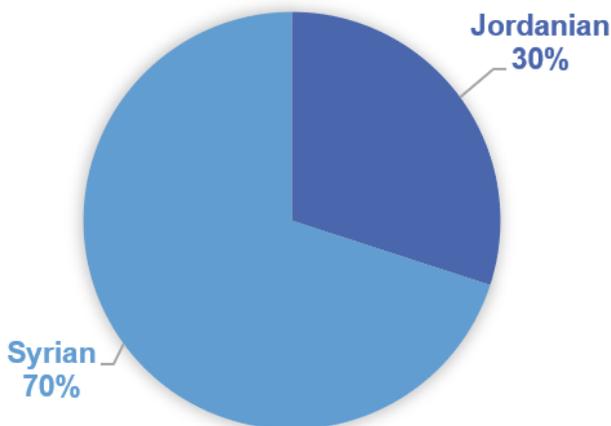
Jordan

A land-locked country about the size of Indiana, Jordan is bordered by the Palestinian West Bank, Syria, Iraq and Saudi Arabia. Due to its location and stability, it has become home for several different populations fleeing violence in their home countries. Many Palestinian refugees have been in Jordan for decades; some have become citizens and live in houses. Syrian refugees have recently arrived and often shelter in tents in desert camps.

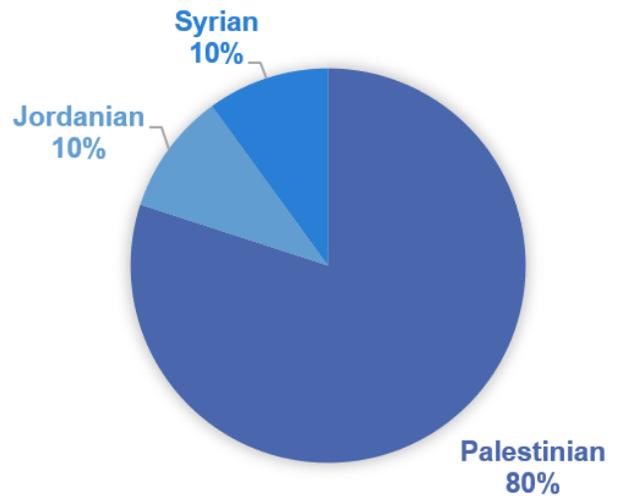
HHRD collaborates with local child care centers to provide therapies and activities for our children with disabilities. We have operations in two refugee camps: Gaza Camp serving Palestinian refugees and Irbid Camp serving Syrian refugees. We also serve a small number of local Jordanian children.



IRBID CAMP BENEFICIARIES

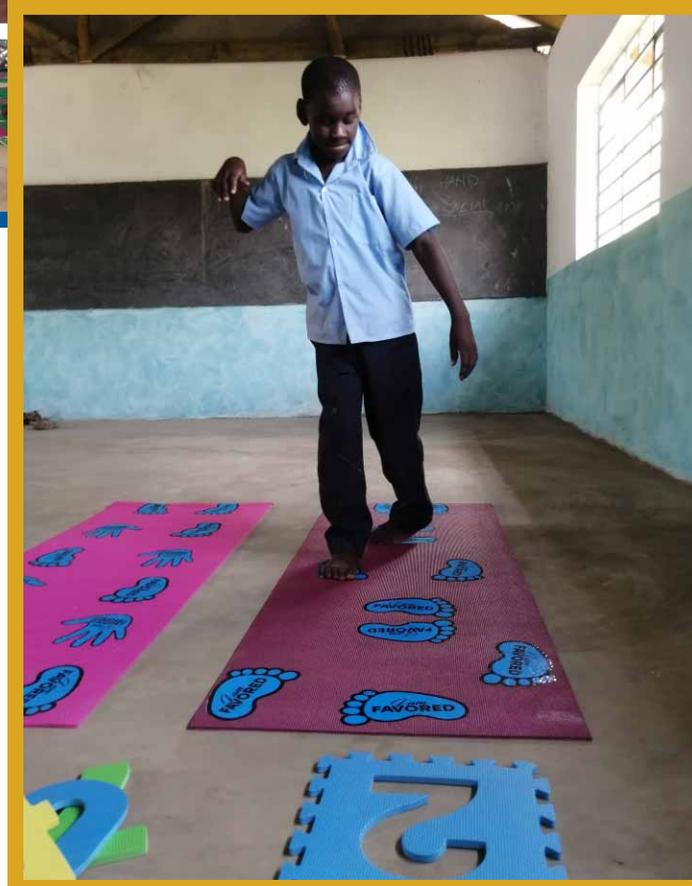


GAZA CAMP BENEFICIARIES

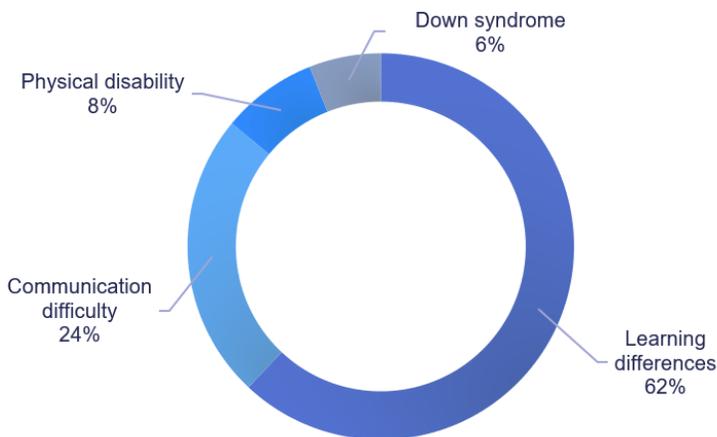


Kenya

Located in Western Africa, Kenya has a young population and a growing economy. Host to nearly 500,000 refugees from neighboring countries, it has been called the “Gateway to Africa” by some investors. Despite these claims, many local residents live in poverty, in some of the biggest slums in the world. HHRD partnered with Sir Ali Bin Salim Primary School to serve children with disabilities in Malindi, offering an educational experience tailored for children with special needs.



CWDP Categories in Kenya



Health & Rehabilitation

The mission of CWDP’s health and rehabilitation intervention is to provide access to medical care and therapy services that can help children with disabilities improve their physical and mental health. This can include physical therapy, occupational therapy, speech therapy, psychotherapy and other specialized services. We also provide assistive devices like prostheses, wheelchairs, crutches, hearing aids, brail tablets and other supports that improve quality of life and help these children with with their mobility, communication and learning.

Health & Rehabilitation services are given free of cost to all our beneficiaries, most of whom are immunocompromised. This fragile state makes healthcare incredibly important to avoid the increased risk of disease. At registration, a multidisciplinary specialty board of doctors diagnoses each of our children, developing a customized rehabilitation program based on their unique disability before connecting them to trained HHRD clinicians for treatment.

For children who have lost one or both limbs due to accident or injury, HHRD is able to provide free

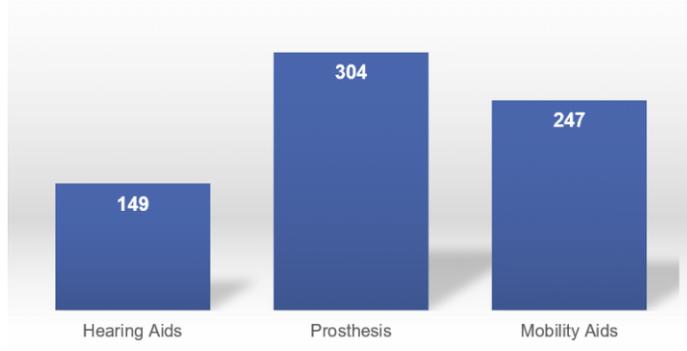


prosthesis. These can be financially inaccessible for beneficiary families as they are very expensive and require a highly individualized level of care. They are subject to wear and tear and need replacing as the child grows older. Prosthesis are designed and manufactured to the specifications for each child by the HHIRS (Helping Hand Institute of Rehabilitation Sciences), a non-profit trust providing educational and clinical services for last two decades in Mansehra district, Khyber Pukhtunkhwa. These arm and leg replacements allow children to participate in home, school and community activities with greater ease, relieving the burden that a missing limb has placed on them.

HHRD believes that the rehabilitation component of the program is extremely important because we want our children to be confident and independent. We envision a time when they will be able to take care of themselves and their families and communities and will not feel burdened by increased costs and caregiving expenses.

In the wake of COVID-19, hygiene awareness sessions and take-home kits are provided for all beneficiaries and their families.

Assistive Devices In Pakistan



Success Story



My name is Muhammad Ali al-Absi. I live in the Gaza camp (Jordan). Allah chose that I come into this life different from others. Like other children, I have feelings and ambitions in life. I was born with Down syndrome as doctors call it, but I call it “love syndrome” because I love everyone and I love participating in social events and having fun.

My family took care of me since I was very young. I could not do many things, the most important of which was personal care. I could not go to the toilet by myself; I needed someone to help me. My father took me to the bathroom but I still needed diapers which was annoying for me and financially expensive for my father.

My mother called the supervisors of HHRD to see if they could support me. They immediately referred me to a rehabilitation center. Now I go every day and they help me learn new things. With the help of HHRD, I have developed solutions to my problems. I was toilet trained and able to successfully stop wearing diapers. In just two months, HHRD made such a difference in my life. I would like to thank my mother for her patience, and all the generous donors at HHRD for caring. May Allah bless you and support you.

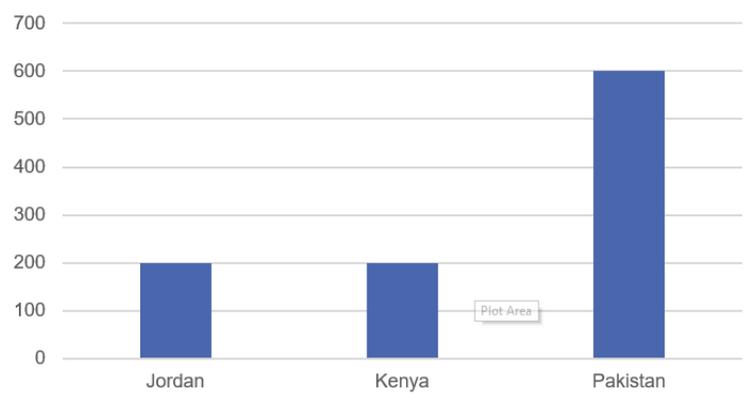
Education Assistance

The mission of CWDP’s educational assistance intervention is to provide academic support to children with disabilities, including special education services, learning resources, and support from trained educators who understand their unique needs.

An important component of our community-based rehabilitation program is to assist children with disabilities to remain in school or assist them to go back to school if they have been absent. Not all of our beneficiaries have a goal of attending school. Approximately 200 children in Jordan, 200 in Kenya and 600 in Pakistan are able to participate in formal education. The remaining beneficiaries are provided with learning opportunities that fit into their specific rehabilitation plan. Students who are visually and hearing impaired are equipped with assistive devices so that they can go to school.

Sponsored children receive special learning materials including school uniforms, shoes, backpacks, note books, drawing boards, crayons, pens, pencils, erasers, and rulers. CWDP children are often dual-enrolled in the OSP (Orphan Support Program) where they receive financial assistance to cover tuition and fees.

Students in Formal School Settings





Food & Nutrition

The mission of CWDP's food and nutrition intervention is to ensure that children with disabilities have access to nutritious food and supplements that can support their physical and cognitive development. Many of the children need specialized nutrition that goes above and beyond a regular diet. During the initial screening, we build a specific nutritional plan for each child and deliver appropriate food and supplements to their caregivers. With inflation on the rise, extended families struggle with the cost of food and this type of support is extremely valuable.

Social Inclusion & Psychosocial Development

The mission of CWDP's social inclusion intervention is to promote inclusion by creating opportunities for children with disabilities to participate in community activities and events, and by raising awareness and understanding of disability issues within the community. The mission of the psychosocial development component is to provide psychosocial support to children with disabilities and their families, including counseling, emotional support, and referrals to other support services as needed.

One of the tragedies we see over and over again is the rejection our CWDP students feel from their peers and family members. Inclusion and psychosocial development are the keys to unlocking their potential both academically and physically. We spend equal time focusing on mental health concerns as we do with rehabilitative services. This includes:

- Lessons for mothers
- Celebration of International Day of Persons with Special Needs
- Celebration of Mother's Day
- Celebration of Speech and Language Pathology Day
- Morning sports programs
- Games and competitions
- Home visits
- Alkawlid Alnabawi Celebration
- Eid party
- Award show



Success Story

Josphine Amina from Kenya is seven years old. She has Down syndrome and is in a foundation-level class. Her father passed away and Josephine has been living with her uncle. She has had a tough time when it comes to class activities. Her performance and functional skills need help and she has difficulty reading.

After assessing her abilities, HHRD came up with a treatment plan. By focusing on cognitive skills and fine motor skills, we were able to develop her interest and willingness to participate in classroom activities. She has developed good comprehension and the ability to hold pencils and crayons effectively. With more time, Josephine will continue to develop skills necessary for full integration into the classroom.

