



**HELPING HAND**  
FOR RELIEF AND DEVELOPMENT



# ANNUAL REPORT 2022

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# A Message From Our CEO

On behalf of Helping Hand for Relief and Development (HHRD), it is my pleasure to share with you our annual report for the year 2022. It was a year that presented us with unprecedented challenges, but we are grateful to Allah (swt) for allowing all of us to rise to the occasion and serve those in need with compassion and dedication.

The COVID-19 pandemic continued to affect communities around the world, making access to basic needs such as food, water, shelter, and healthcare even more difficult for vulnerable populations. Our team worked tirelessly to provide relief to those affected by the pandemic, distributing food, hygiene kits, and medical supplies to those in need.

In addition to the pandemic, conflict and natural disasters also presented significant challenges. We responded to emergencies in various parts of the world, including Afghanistan, East Africa, Pakistan, and Myanmar, where displaced families and refugees required urgent assistance. In 2022, we also responded to emergencies caused by natural disasters such as the devastating floods that affected Pakistan. Our teams worked tirelessly to provide relief to the flood-affected communities, distributing food, water, and shelter to those in need. That work continues even today as we build homes for affected communities in Pakistan. Our thoughts remain with the people of Pakistan as they continue to recover from this disaster. We will continue to stand with them and provide support wherever and whenever we can.

Despite the many obstacles we faced, we are proud of our accomplishments in 2022. Our organization continued to expand our projects and partnerships, ensuring that we could reach even more people in need. We also worked to address systemic issues that contribute to poverty, such as lack of access to education and healthcare.

As we look to the future, we know that the challenges facing the humanitarian sector are significant, but we are committed to continuing our work with passion, dedication, and a spirit of service. Together, we can make a difference in the lives of those in need.

I would like to express my heartfelt gratitude to our donors and supporters, who continue to make our work possible. Your generosity has enabled us to provide relief and hope to those who need it most.

Thank you for your ongoing support.

Sincerely,  
Javaid Siddiqi

A handwritten signature in black ink, appearing to read 'Javaid Siddiqi'. The signature is fluid and cursive, with a prominent initial 'J'.

CEO, Helping Hand for Relief and Development

# WORLDWIDE OPERATIONS

HHRD's global impact is felt by beneficiaries in over 85 countries. In 2022, HHRD provided programs and services that made a lasting impact on the lives of 10,544,937 individuals. HHRD is recognized as a global humanitarian organization responding to human suffering in emergency and disastrous situations all over the world, regardless of race, gender, ethnicity, class, and religion since its incorporation in 2005, with 17 years of service and 14 programs to choose from.

## Countries Served

### **Afghanistan**

Albania  
Bangladesh (including Rohingya Refugees)  
Bosnia and Herzegovina  
Brazil  
Burma (Myanmar)  
Burundi  
Cambodia  
Central African Republic  
Chad  
Djibouti  
Dominican Republic  
Ecuador  
Ethiopia  
Gaza (Palestine)  
Ghana  
Guyana

### **Haiti**

India  
Indonesia  
Japan  
**Jordan**  
Kashmir Valley  
**Kenya**  
Kosovo  
Lebanon  
**Nepal**  
Malawi  
Malaysia  
Mali  
**Mexico**  
Morocco  
Montenegro  
Myanmar  
Niger

### **Pakistan**

Peru  
Philippines  
Rwanda  
Sierra Leone  
South Africa  
South Sudan  
Sri Lanka  
Sudan (Darfur)  
**Somalia**  
**Tanzania**  
Thailand  
Tunisia  
Türkiye  
**Uganda**  
Venezuela  
Vietnam

*★ Awarded International NGO Status*

# FINANCIALS

**At Helping Hand, we take great care in managing the funds that are entrusted to us by our dedicated supporters. Our team works diligently to identify and invest in initiatives that will have the most positive impact on the vulnerable members of our society, benefiting the neediest people.**



# HHRD Consolidated Statement of Activities

|  | 2019<br>Consolidated | 2020<br>Consolidated | 2021<br>Consolidated |
|--|----------------------|----------------------|----------------------|
| <b>Support and Revenue:</b>                          |                      |                      |                      |
| Contributions from Public                            | \$30,104,852         | \$37,589,784         | \$47,394,220         |
| In-Kind Revenue                                      | 32,207,839           | 29,872,665           | 32,836,158           |
| Miscellaneous Income                                 | 272,942              | 73,808               | 99,030               |
| <b>Total Support and Revenue</b>                     | <b>62,585,633</b>    | <b>67,536,257</b>    | <b>80,329,408</b>    |
| <b>Program Services:</b>                             |                      |                      |                      |
| Education  | 2,409,034            | 1,941,779            | 2,087,114            |
| Health and Medical                                   | 2,246,824            | 1,649,743            | 1,766,017            |
| Orphans  | 7,353,286            | 5,332,782            | 5,907,666            |
| Emergency 7,273,                                     | 5,792,689            | 6,834,861            | 7,273,739            |
| Water for Life                                       | 1,649,481            | 2,298,232            | 3,230,133            |
| Community Development                                | 1,507,020            | 1,672,915            | 1,957,469            |
| Seasonal   | 4,449,930            | 4,154,807            | 5,609,402            |
| In-Kind  | 31,137,670           | 28,440,136           | 33,837,203           |
| <b>Total Program Services</b>                        | <b>56,545,934</b>    | <b>52,325,255</b>    | <b>61,668,743</b>    |
| <b>Supporting Services:</b>                          |                      |                      |                      |
| Management and General                               | 1,653,260            | 2,725,202            | 2,960,420            |
| Fund Raising   | 986,421              | 3,813,696            | 3,969,404            |
| <b>Total Supporting Expenses</b>                     | <b>2,639,681</b>     | <b>6,538,898</b>     | <b>6,929,824</b>     |
| <b>Total Expenses</b>                                | <b>59,185,615</b>    | <b>58,864,153</b>    | <b>68,598,567</b>    |
| <b>Operating Income/Loss</b>                         | <b>3,400,018</b>     | <b>8,672,104</b>     | <b>11,730,841</b>    |
| <b>Other Non- Operating Income/ (expenses):</b>      |                      |                      |                      |
| Unrealized Loss                                      | (5,537)              | (102,151)            | (29,273)             |
| Unrealized Gain                                      | 180,709              | 315,318              | 331,864              |
| Shop N Help Income                                   | 1,975                |                      |                      |
| Shop N Help Expenses                                 | (27,740)             | (75)                 | 6,834,861            |
| Amortization of Income                               |                      | 45,182               |                      |
| PPP Loan Forgiveness                                 |                      | 1,018,000            |                      |
| Rehabilitation Infrastructure Fund                   | (46,489)             | (36,738)             |                      |
| Micro Finance Portfolio                              | (6,176)              |                      |                      |
| Prime Minister Interest Free Loan Fund               | 22,009               | 14,737               | 5,523                |
| Endowment Fund                                       | 91,861               | 562,658              | 381,278              |
| Disaster Management and Logistics Center Fund(9,095) |                      | (8,443)              |                      |
| Other Income   |                      | 11,030               |                      |
| Equity Transfers to HHIRS                            |                      |                      | (164,392)            |
| Amount Transferred to Reserve Fund                   | (64,939)             |                      | 5,523                |
| Translation Reserve                                  | (7,354)              | (3,496)              | 381,278              |
| Restricted Reserve                                   |                      | 1,774                |                      |
| Provision for Chase Bank Impairment                  | 74,054               |                      |                      |
| Other Current Assets                                 | 280,222              | 319,718              | 193,595              |
| Miscellaneous  | 691,020              | 622,695              | 603,958              |
| Gain/(Loss) on sale of asset                         | 2,987,501            | 2,917,099            | 3,100,792            |
| Adjustment per ASC 830                               | (1,204,158)          | (1,310,096)          | (1,493,507)          |
| <b>Total Non-Operating Income/(expenses)</b>         | <b>205,146</b>       | <b>2,460,966</b>     | <b>(766,630)</b>     |
| Change in Net Assets                                 | 3,605,162            | 11,133,070           | 10,964,211           |
| Net Assets - Beginning of Year as Restated           | 27,777,810           | 30,516,492           | 41,221,655           |
| Adjustment per ASC 830                               | (866,482)            | (427,907)            | -                    |
| <b>Net Assets - End of Year</b>                      | <b>\$30,516,492</b>  | <b>\$41,221,655</b>  | <b>52,185,866</b>    |



# OUR PARTNERS

HHRD partners ranging from small community support groups to national alliances along with many international networks

- International Medical Corps
- Refugee Affairs Section, American Embassy, Islamabad, Pakistan
- The United States Agency for International Development (USAID)
- The United Nations Relief and Works Agency for Palestine Refugees in the Near East (UNRWA)
- World Food Program (WFP)
- World Health Organization (WHO)
- InterAction
- Medical Bridges



# MAXIMIZED IMPACT

**HHRD's humanitarian initiatives follow an integrated development approach, whereby multiple programs work together to make a positive impact on the lives of beneficiaries. By adopting this strategy, the donor's influence is amplified as several programs collaborate to create a more significant outcome.**





As we look back at this year, we are reminded that across the globe, families continue to struggle for essentials such as food, shelter, healthcare, education, and earning a livable wage. Civil unrest and natural disasters have compounded the hardship felt by many. We also recognize your unwavering support to assist marginalized and poverty-stricken communities. Please take a moment to see how many lives were impacted by your generosity.

*We thank you for making a lasting impact in the lives that need it most.*



**24,450**

Orphans Supported



**1,911,479**

In-Kind Gifts beneficiaries



**8,736**

Skills Development & Livelihood

**The # of Lives You've Changed**



**10,544,937**

Lives Changed



EDUCATION SUPPORT  
**7,991**  
STUDENTS



WINTER RELIEF RECIPIENTS  
**60,000**



RAMADAN FOOD PROGRAM BENEFICIARIES  
**343,111**



CHILDREN WITH DISABILITIES  
**1,550**



HEALTHCARE AND NUTRITION PATIENTS  
**192,007**



COMPREHENSIVE PHYSICAL REHAB PATIENTS  
**12,597**



SHELTER RELIEF BENEFICIARIES  
**7,187**



CATARACT SURGERY  
**6,429**



WASH - RESTROOM BENEFICIARIES  
**24,940**



AQEEQAH SADAQAH QURBANI RECIPIENTS  
**51,360**



WATER FOR LIFE BENEFICIARIES  
**717,356**



GLOBAL QURBANI/UDHIYA RECIPIENTS  
**711,276**



EMERGENCY RESPONSE  
**571,284**



YOUTH EMPOWERMENT  
**4,440**

\*\*\* NOTE: These numbers are unaudited. They are subject to change in the Final Impact Report 2022 to be published during the 1st Quarter of 2023. Thank you!



[WWW.HHRD.ORG](http://WWW.HHRD.ORG)



1-888-808-HELP (4357)

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Take Our Survey

# CORE VALUES



## Mutual Respect:

Acknowledge the inherent value of every individual and appreciate the importance of differences among people



## Equity and Justice:

Strive to guarantee equitable opportunities for all individuals, regardless of their race, gender, color, socioeconomic status, ethnicity, disability, or geographic location



## Care for All:

Extend assistance to marginalized groups such as orphans, widows, seniors, and persons with disabilities



## Honesty and Transparency:

Take responsibility for the impact of our actions at all levels and maintain transparency in our judgments and interactions with others





# 2022 RAMADAN IMPACT REPORT



**3,576,344**

**The Lives Your Ramadan Giving Will Change\***

\* Donations received as of May 11, 2022 (numbers subject to increase)



**761,629**  
Zakat Beneficiaries



**8,158**  
Sadaqa Beneficiaries



**347,370**  
Ramadan Food Package Recipients

**21,716**  
Emergency Campaigns Beneficiaries:

- ★ Hargeisa Fires Relief
- ★ Afghanistan Relief
- ★ South Africa Floods Relief
- ★ Ukraine Refugees Relief

**52,083**  
Relief Beneficiaries From:

- ★ Africa
- ★ Bosnia
- ★ India
- ★ Kashmir
- ★ Lebanon
- ★ Mexico
- ★ Pakistan

**155,061**  
Refugees Supported:

- ★ General
- ★ Yemeni
- ★ Syrian
- ★ Palestinian
- ★ Rohingya



**340**

Rohingya Refugee Shelter Homes

**66**

Syrian Refugee Caravans of Hope Homes



**956**

Skills Development and Livelihood Students



**127,243**

Water And Sanitation Hygiene Beneficiaries



**645**

Students Received Education Support

**84**

Students to Receive Higher Education Support



**ORPHANS**

Sponsored **3,675**

Supported **6,024**

Eid Gifts Given **22,750**

Trees to Plant **22,533**



**899**  
Eye Surgeries



**10,268**  
Patients Received Ambulatory Services

**164**

Patients Treated at our Mother and Child Healthcare



**534**

Special Needs Persons Assistance



**15,582**  
Muslim Charity Hospital Patients

**237**  
Prosthetic Limbs Provisions



**587** Patients Treated at our Physical Rehabilitation Centers

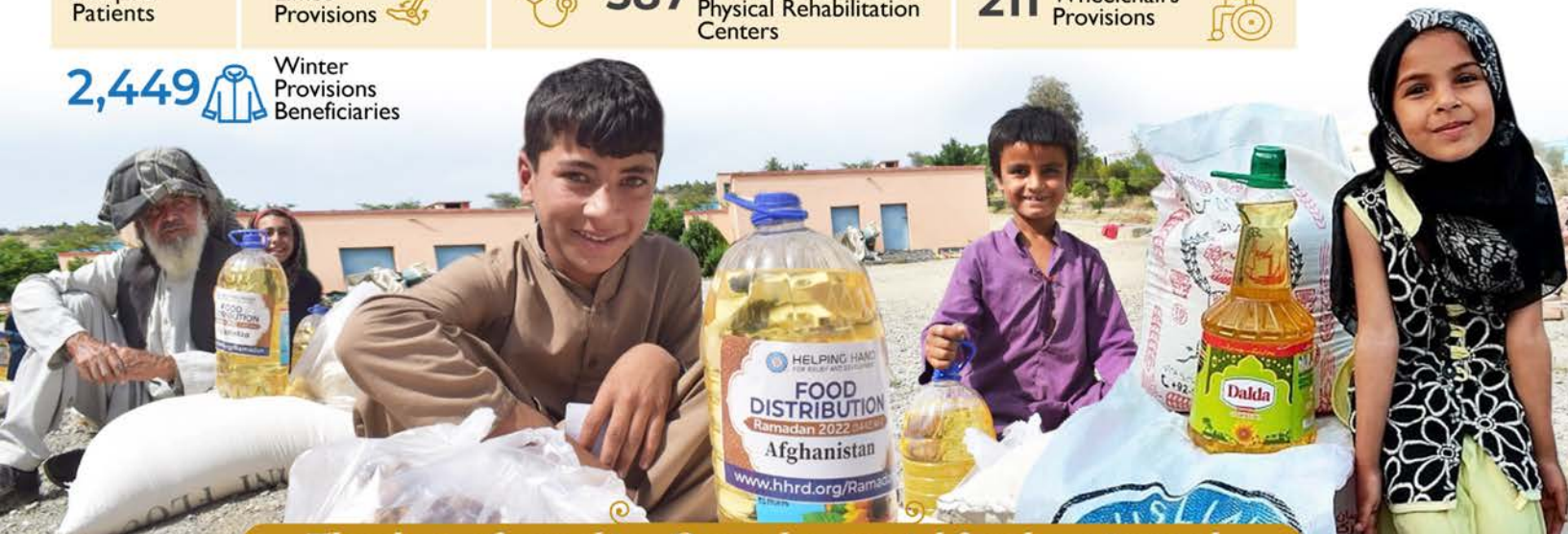
**211** Wheelchairs Provisions



**2,449**



Winter Provisions Beneficiaries







# PROGRAMS

# EDUCATION SUPPORT PROGRAM

**Education is more than gaining knowledge; it is building futures. It helps disadvantaged children break through the cycle of hunger and poverty as they grow up to lead a life of self-sufficiency and benefit the community. This program brings qualified teachers, learning facilities, and scholarships to children in need. HHRD is dedicated to promoting literacy and ensuring equal access to quality education.**





# ORPHAN SUPPORT PROGRAM

It is the right of every child to be protected and cared for physically, psychologically and emotionally—including orphans. This comprehensive child development program provides a stable environment with food, education, health care, and psychosocial support. HHRD cares for orphans until they reach the age of 18 and ensures they become a vibrant part of society.





# CHILDREN WITH DISABILITIES PROGRAM

Children with special needs often face discrimination and social marginalization. Those from disadvantaged backgrounds further lack access to adequate facilities and health care to address their needs. This program provides inclusive education and social participation for disabled children through health care and nutrition, physical rehabilitation, education, financial support, and engagement with primary caregivers. HHRD aims to highlight the plight of these precious children and give them a chance at life.



# WATER FOR LIFE PROGRAM

2 billion people around the world lack safe drinking water. This program helps people gain access to their daily water needs and encourages irrigation and other livelihoods for economic growth. HHRD is fighting poverty by providing sustainable water solutions to communities to ensure families are healthy.



# WATER AND SANITATION HYGIENE PROGRAM

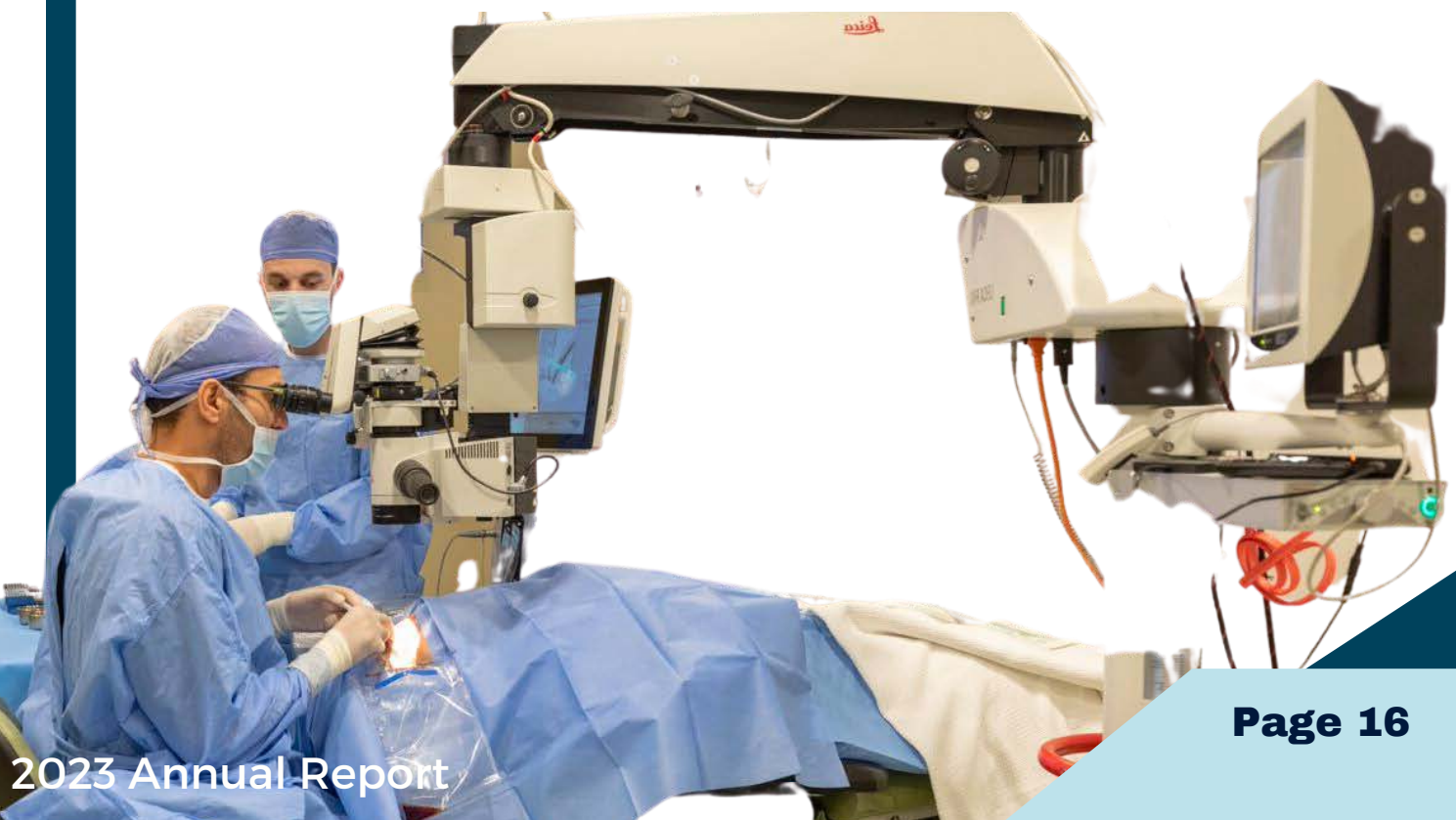
46% of the world's population lacks adequate sanitation services. This program provides clean water, distributes hygiene kits, and builds restrooms and handwashing stations for those who lack access to these necessities. HHRD is committed to ensuring the health of children, families, and communities through dignified hygiene and sanitation solutions.



# COMPREHENSIVE PHYSICAL REHABILITATION PROGRAM

Countless people live with chronic pain due to insufficient physical rehabilitation options. This program provides a variety of treatments and services such as physical and occupational therapy, orthotics, prosthetics, wheelchairs, and more. HHRD's Comprehensive Physical Rehabilitation Complex in Mansehra, Pakistan—with branches in Chakwal, Shaheed Benazirabad, Quetta, and Karachi—ensures people live healthier, more active lives.

Additionally, the Helping Hand Institute of Rehabilitation Sciences, a college in the Mansehra Complex, offers a 5-year doctorate degree and 2-year diploma in physiotherapy to empower individuals.







## **HEALTH CARE AND NUTRITION PROGRAM**

**With little to no health care access and inadequate nutrition, refugees and vulnerable communities suffer greatly from preventable illnesses and higher mortality rates. This program treats patients at our Mother & Child Care Centers, provides free cataract eye surgeries, facilitates medical assistance through ambulance services and mobile medical units, and distributes Covid-19 relief in rural areas. HHRD provides the care needed to protect one's greatest possession - health.**

# SKILLS DEVELOPMENT AND LIVELIHOOD PROGRAM

Skills training changes lives. Through this program, trainees can take courses in Tailoring, Computers, English, Accounting, and Poultry Farming and begin their journey to self-sufficiency. HHRD's Skills Development Centers are spread across 17 countries and empower people with the skills they need to become financially stable and live a life of dignity.



# IN-KIND GIFTS PROGRAM

Whether due to poverty, natural disasters, or any other humanitarian crisis, countless families in different regions of the world lack basic human essentials. This program donates goods and services, such as non-perishable food, clothing, household items, medical supplies & equipment, hygiene kits, school supplies, and more, to people in need. HHRD prioritizes the vulnerable and provides relief year-round not only to local populations but as intervention during times of crises.





# SHELTER RELIEF PROGRAM

Refugees and displaced families have often lost everything and live in exceedingly challenging conditions that expose them to harsh weather conditions and make them more susceptible to trauma and preventable illnesses. This program provides stable living conditions through Caravan Homes and Shelter Homes that can endure extreme weather and include running water, functional toilets, and solar-powered electric fixtures. HHRD is dedicated to assisting refugees, widows, orphans and their families with safety and stability.



# **MATCHING GIFTS PARTNER PROGRAM**

**Your generous contribution has double the impact through employee giving programs. Many companies match employee donations to our organization, so we can double our help to those in need. In addition, when you volunteer with us, employers may also provide us with a grant to recognize your ongoing support.**



# YOUTH EMPOWERMENT PROGRAM

**Students become empowered through this exciting opportunity to work side-by-side with our dedicated relief workers and gain hands-on experience in the field of social services. HHRD is there to mentor today's young leaders as they prepare to step out into the professional world.**





## LEADERSHIP

### **Javaid Siddiqi**

Chief Executive Officer (CEO)

### **Ilyas Choudry**

Director of Development

### **Irfan Khurshid**

Director of Programs

### **Nuzhat Jawed**

Director of Legal and International Compliance

### **Nadia Zeeshan**

Director of In-Kind Gifts

### **Asif Khan**

Director of Public Affairs & Government Relations

### **Umar Beig**

Director of Human Resources

### **Fareed Nawaz**

Chief Information Officer (CIO)

### **Sohaib Zamir**

Chief Technical Officer (CTO)

### **Farooq Haque**

Chief Financial Officer (CFO)

### **Sarwat Ijaz**

Manager Donor Care

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Social media platforms: @helpinghandUSA



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Followers