OBJECTIVES & GOALS

• Promote and extend quality education opportunities through scholarships for refugees and poor children.

• Helping with higher education opportunities for refugees and poor youth.

• Helping Hand School of Excellence in Somalia, best possible education for orphans and poor children.

• Ensure refugee children have learning facilities, such as Mobile Learning Centers and Child Care Homes.

PROGRAM TARGETED GROUPS

• Syrian refugee children in Jordan and Lebanon

• Higher education for Syrian, Palestinian and Jordanian youth

• Scholarships/higher education opportunities for Pakistan needy youth

• School of Excellence in Somalia for orphaned and poor children

• Child Care Homes in Cox’s Bazar, Bangladesh for Rohingya children
2021 IMPACT

911
Scholarships for Pakistani youth across the country

1500
Syrian refugee children sponsored in MENA

104
Higher Education support for Syrian, Jordanian, and Palestinian students

420
Child Care homes for Rohingya children in Cox Bazar, Bangladesh

400 students
School of Excellence (Elementary & Middle) in Somalia for orphan children

30 students
High School in Kenya

202
Scholarships for students in India
Helping Hand for Relief and Development’s (HHRD) Education Support Program (ESP) improves access to education for students, particularly those who live in poor and geographically remote areas of Pakistan and Azad Jammu and Kashmir. HHRD strengthens the education system through upgradation and renovation of educational institutions, providing supplies for educational institutions, and provision of scholarships from primary to higher education. In all these projects, ESP provides equal opportunities to enhance male and female education. ESP is committed to increasing and improving access to education for all without any discrimination.

ESP COMPONENTS

• Scholarships for Students & Teachers
• Up-gradation of educational institutions
• Capacity enhancement of Teachers
• Mentoring and Coaching of Students
HHRD has been supporting deprived and orphanded children in targeted areas for many years through our Orphans Support Program (OSP). The children already adopted by OSP receive educational, medical, and psycho-social support until they reach 10th grade. After graduating from OSP, they require financial support to continue their higher education to achieve their dream goals. ESP in Pakistan is leading the implementation of this scholarship project, catering for the financial needs of these youth. After 10th grade, orphaned students transition into the Education Support Program. They complete their higher education which includes intermediate and bachelor degrees. This project provides help for orphaned children in the form of education and career counseling so they become useful members of society and partake in positive development.

### Current Scholars

- **Female Scholars**: 334
- **Male Scholars**: 470
- **Graduated (2021)**: 25
- **Dropout (2021)**: 39

**Component 1**

**Scholarships for Students and Teachers**
**Project 2: Doctor of Physiotherapy Scholarships for ESP Scholars**

ESP provided 13 Doctor of Physiotherapy (DPT) scholarships to the selected ESP scholars from 10 districts of Pakistan at our own Helping Hand Institute of Rehabilitation Sciences (HHIRS) Pakistan.

<table>
<thead>
<tr>
<th>Total Scholarships</th>
<th>Districts Covered</th>
<th>Females</th>
<th>Males</th>
</tr>
</thead>
<tbody>
<tr>
<td>13</td>
<td>10</td>
<td>6</td>
<td>7</td>
</tr>
</tbody>
</table>

**SCHOLARSHIP INCLUDES:**
- 100% fee including all college expenses
- Hostel facility with three-time meal and tea
- New laptop
- Medical support
- Uniform, Shoes and other winter necessities
- Books and stationery
- Travel expenses

**Project 3: Higher Education Scholarships**

**OBJECTIVES:**
- Financial assistance for talented but deserving students to continue their studies
- Encourage talented students in order to show better performance in their studies

Total Scholarships 30
COMPONENT 2
Upgradation of Educational Institutions

ESP implements some of the educational projects for different education organizations and networks in Pakistan. The purpose of these projects is to enhance the capacity and support of these organizations and institutes.

HHRD is working with only charitable and welfare model educational organizations and institutes. In 2021, ESP supported and upgraded different educational organizations regarding upgradation of their systems and enhanced capacity.

COMPONENT 3
Capacity Enhancement of Teachers

Teachers Training for Teachers

Teachers serving in institutions are playing a very significant and pivotal role in spreading education in Pakistan. In the absence of learning opportunities, the teachers have no choice but to use outdated teaching techniques. It is a main hindrance in developing their intellectual capacities that worsen in the presence of poor communication and unavailability of some updated resource centers. In these circumstances, HHRD’s ESP launched a comprehensive teacher training program along with providing research opportunities.

<table>
<thead>
<tr>
<th>Total Workshops</th>
<th>Total Participants</th>
<th>Females</th>
<th>Males</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>90</td>
<td>30</td>
<td>60</td>
</tr>
</tbody>
</table>
Exposure Visit for Female Students of Baluchistan

HHRD’s ESP organized exposure and study visits for the students of different institutes and universities’ students of Baluchistan. The purpose of this visit was the encouragement of extracurricular activities among female students. Through this visit, awareness was provided to students about the rest of the country, languages, people and educational institutions. Students visited different historical places and prominent institutions of the country. Leadership camp, career counseling, motivational sessions were arranged for students to encourage them for higher studies.

Mentoring & Coaching of Students

<table>
<thead>
<tr>
<th>Students</th>
<th>Teachers</th>
</tr>
</thead>
<tbody>
<tr>
<td>45</td>
<td>7</td>
</tr>
</tbody>
</table>

SUCCESS STORY

Fizza Kamal (Khan Pur, Punjab)

My father passed away when I was only seven years old. Gradually, I understood that my father would never come back. I was unaware of the difficulties we would have to face. My mother started teaching in a private school and sewing clothes for sale. After struggling for five years, we met Abbas Shah Bukhari, the Social Organizer of HHRD at Khan Pur. He enrolled my sisters and me in the Orphan Support Program. Helping Hand organized many programs for us beyond school, which enhanced our knowledge and skills. I always looked forward to the exciting annual summer camps, especially the gift distribution ceremonies afterward! I also participated in competitions of qirat, naat, and debates. In Ramadan, we got family Iftar parties and Eid clothes to celebrate!

I have always been a straight-A student, working hard to get over 90% in all my exams. I was thrilled to receive a full scholarship for HHRD’s Doctor of Physiotherapy degree, complete with a laptop, resources, and housing. Inshallah, I aim to achieve the top position in my class once again. Furthermore, I participate in extracurricular activities and socially active youth associations. I have experience in event management, public speaking, and leadership roles.

I pray to Allah (SWT) to grant Helping Hand’s donors the best of rewards. They are my career builder who selflessly brightened my future. I wish to pay their kindness forward and serve humanity. After my dad died, I believed I would never again feel that unique serenity and security; but when HHRD held my hand, I felt the warmth of love and encouragement once again. There are no words to describe what HHRD means to me; I am grateful from the depth of my soul.
ESP in MENA
Thousands of Syrian refugee children in Jordan and Lebanon are deprived of their right to receive a proper education, the main one being their families cannot afford education related costs in the country of asylum. Accordingly, a considerably large number of these children go to work or remain on the streets in poor conditions. HHRD started this program to help these children through suitable educational projects in order to send them to school thus providing them with a prosperous future.

Year Program Started:
- 2015 – Jordan
- 2016 – Lebanon

Number of Beneficiaries:
- 1,500 (Supported Students until end 2021)

Nationality:
- Jordan: 800 Syrian refugees
- Lebanon: 700 Syrian refugees
Basic Education

ESP in Public Schools (HHRD ESP Sponsorship Paid to Family/per Child)

This support is offered to Syrian refugee families, who have their children work odd jobs to earn money and are unable to afford extra expenses associated with sending their children to public schools. Despite it being free, HHRD pays support money to these families per student to not only take care of the family need but also cover costs such as transportation, backpacks, school supplies, uniform, shoes, etc.

ESP in Private School (HHRD ESP Sponsorship Paid to Private School)

Education support goes to those Syrian Refugee Students, where public schools are either not present or do not have capacity for more students. HHRD directly pays the schools to take care of all the educational needs to send these children to private school such as tuition, backpacks, school supplies, uniform, shoes, transportation, etc.

Rania Mohammad Aljaban
7th Grade | 14 years old

Rania and her family fled their home in Syria and are now among more than 975,000 refugees displaced in Lebanon; the country that hosts more Syrian refugees than any other country in the world. “I remember when I used to go to my grandfather’s house in Syria, but that’s all I remember” says Rania.

Due to the economic crisis in Lebanon and difficult economic condition, she spent most of 2020 with her family quarantining in their home in Mount Lebanon area near Beirut to protect themselves from the Covid-19. Although she doesn't leave home and has stopped going to school, Rania has been able to keep up with her lessons through the TV, internet and WhatsApp. She's continued to learn under difficult living conditions.

2021 was a great year for her, a considerable change was made to Rania’s life at a school supported by HHRD. Normal face to face learning has resumed, and more concentration made her progress great, especially in Arabic and rhetoric. She likes reading and writing essays on different topics such as: why early marriage for girls? and the rights of children to receive an education. She has changed into another person and desires to become an international lawyer to advocate children’s rights. Thanks to Helping Hand and the generous donors who are the real reason behind her success.
Higher Education is expensive in both Jordan and Lebanon. Many students finish high school and achieve grades qualifying them to go to college, however, they cannot afford university tuition fees. So “Helping Hand” started this program to help some of those students to receive either a full scholarship or support to enroll and pave the way towards a bright future and career opportunities.

<table>
<thead>
<tr>
<th>YEAR</th>
<th>No. of Beneficiaries Jordan</th>
<th>No. of Beneficiaries Lebanon</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>42</td>
<td>50</td>
</tr>
<tr>
<td>2020</td>
<td>47</td>
<td>50</td>
</tr>
<tr>
<td>2021</td>
<td>54</td>
<td>50</td>
</tr>
</tbody>
</table>

**Total Number of Beneficiaries End 2021: 104**

**Year Program Started:**
- 2016 – Jordan
- 2018 – Lebanon

**Number of Beneficiaries:**
- Total: 104
- Jordan – 54 Students
- Lebanon – 50 Students
ESP in Africa
HHRD’s School of Excellence (SOE) was established in 2014 in Mogadishu, Somalia. It provides quality education to orphans and vulnerable children, from internally displaced people and host communities, in a safe and enabling environment. The school has employed the best principles and practices including free food, health screenings, Covid-19 related hygiene supplies besides providing the school supplies and uniforms etc. During the year 2021, we have enrolled 100 additional students, bringing the total of the students to 400.
This year we carried out three conferences/youth leadership workshops across three countries; Kenya, Uganda and Tanzania. There were over 80 universities who represented 600 students.

**EDUCATION SUPPORT FOR HIGH SCHOOL STUDENTS**

This is designed to support educational continuity and achievement for needy and bright students. In Kenya, we have about 30 students who are sponsored in high school under our education support program.

**YOUTH LEADERSHIP PROGRAM**

This year we carried out three conferences/youth leadership workshops across three countries; Kenya, Uganda and Tanzania. There were over 80 universities who represented 600 students.
Ralia Adan is the first born in a family of four. They live in Kambi Garba, Isiolo, Kenya. Due to the hardships of life, after KCPE 2020 she started working so that she could raise her school fees.

Her mum is disabled thus could not work. They relied on elders’ cash transfer through her grandmother which was not enough for the family, let alone paying her school fees, uniform and shoes for her to attend school. This situation made her miss the important aspect in a child’s life, Education.

It’s when HHRD social organizers were notified of the situation facing the girl by the Area Chief that we decided to act on the matter by visiting her home.

Upon assessing the matter, they acted immediately by recruiting her into the Education Support Program 2021.

Alhamdulillah, she is now at Kambi Garba Mixed Day Secondary School in Isiolo County as a Form 1 student.

“My ambition is to be a doctor. Thank you HHRD for the support. May Allah bless you.”
Close to a million Rohingya, more than half of which are children, have fled violence in Myanmar to seek refuge in Bangladesh. These children have witnessed and suffered from some of the worst human rights abuses ever recorded. Many children arrived alone and were severely traumatized. Now three years later, Rohingya refugees are still living in makeshift settlements in one of the most densely populated places in the world.
HHRD has been helping by providing Child Care Home facilities to many children. Due to Covid-19 all such facilities are closed. During the pandemic, HHRD teams in the field were visiting homes and providing all types of educational, food and hygiene facilities.

The centers were closed March through September of 2021 but were opened thereafter. A total of 420 children from Level 1, 2 and 3 were given basic knowledge on literacy and numeracy in their language, along with Mathematics, English, Arabic, and Drawing according to their levels of education.

Moreover,

1. The students were provided with education, nutrition support, clothes, hygiene kits etc.,
2. This program provided training on ethics, moral values and arranged extracurricular activities.
3. They were given protection to save their lives, as they were at risk of being trafficked as children.
4. Children suffering from malnutrition were treated accordingly.
5. They were informed about personal hygiene and safety awareness particularly during COVID-19.

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Rogat Bibi fled from Myanmar and came to Bangladesh on the October 25, 2017 with her family. They arrived barefoot and empty handed. Rogat shares her thoughts,

“I did not know art and drawing before. I learned drawing from my teachers by enrolling in Helping Hand Child Care Home and now I can draw and paint many things. I won 1st prize in an art competition. After enrolling in this child learning center, I was able to read and write English and Math, learnt Life Skills and Burmese language. I improved my reading and writing skills. My parents are happy with my annual results and extracurricular activities.

I have made a lot of cultural progress by enrolling in this childcare home. I can recite Quran Alhamdulillah. I won 1st prize in the competition of memorizing Quran and Hadith last Ramadan. I could not speak English or Burmese before. Now I can speak some English and Burmese with my teachers and friends.

Besides my academic achievements, I also received many provisions from this center to improve both my physical and mental health such as food packets, hygiene kits, recreational toys, educational materials etc.,

I do pray for those honorable donors and organizers who supported me to build my future and stand with me to reach my dreams”.

Rogat Bibi
Helping Hand started ESP in India in the year 2020. This year we have given scholarships to 202 students who were bright but poor. Most of the students are pursuing higher studies. These students belong to Hyderabad and Tamil Nadu states.